

AI-driven modes reveal cognitive dynamics of collaborative design innovation: A multi-modal approach to understanding designer interaction patterns

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Abstract

Through the collaborative design process, professionals engage in complex cognitive activities, including creative generation and critical evaluation, to produce innovative solutions. However, the cognitive mechanisms that integrate these complementary processes (precisely conveying and distilling design knowledge through these processes) remain little known. Here, we use pre-trained deep learning artificial intelligence models in combination with multimodal cognitive monitoring to identify neural and behavioral signals that reflect design creation, evasion, and transformation among professionals in natural collaborative design meetings. The research results show that cognitive activities reflecting design creation and evaluation are widely distributed in the attention and working memory networks of various measurement methods. We also found that these activities are specific to the design concepts and solutions under development and are based on the combination of specific environments and design elements. Finally, we demonstrated that these cognitive models were overused during the design generation and evaluation stages, and that the transition from creator to evaluator was associated with specific, time-limited changes in cognitive activities. Furthermore, our research findings reveal the dynamic organization of cognitive activities that serve design creation and evasion in natural collaborative work, and utilize deep learning models to understand the cognitive mechanisms behind human design innovation.

Keywords: Design innovation, Artificial intelligence, Cognitive dynamics, Collaborative design, Multi-modal analysis, Creative cognition

1 Introduction

Collaborative design represents a fundamental mode of professional innovation, enabling teams not only to generate but also to critique evaluate complex creative solutions across diverse domains from product development to architectural planning[1]. This core process invokes the frequent transition between two distinct but complementary cognitive computations: creative generation and critical evaluation. Design creation involves a structured succession of cognitive processes that synthesize conceptual information from multiple sources, enabling designers to understand user needs and generate novel suggestions that address complex design challenges[2, 3]. In contrast, design evaluation planning involves a reverse process whereby higher-order conceptual information is converted to analytical frameworks for systematic assessment[4, 5]. These processes are necessary for developing innovative solutions during collaborative sessions that usually involve rapid alternations between team members every few minutes[6, 7] including processes for generating creative concepts as well as planning and executing critical evaluations of design proposals.

The dynamic nature of collaborative design, the diversity of creative information exchanged, and its contextual nature, however, have made the cognitive mechanisms that underlie professional design innovation in teams a challenge to understand [8]. To address these challenges, previous research has largely adopted a reductionist approach, breaking down design processes into smaller, more manageable components. In particular, most studies have used controlled laboratory tasks that involve predetermined design briefs and scripted collaboration protocols, focusing on limited aspects of creativity or evaluation processes[8]. Given the dynamic nature of free-flowing collaborative design[1], little work has directly studied the cognitive representation of natural design collaboration as a continuous process[2], and how design knowledge is represented in the mind during natural collaborative work has remained a challenge to understand. Specifically, whereas certain cognitive systems have been shown to distinguish well-formed innovative solutions from conventional or non-creative outputs, suggesting their involvement in design processing[3, 4], the detailed cognitive process by which sequences of design elements may be represented in the mind remains largely unknown. Further, while there is often broad overlap between cognitive systems involved in design generation and evaluation[5, 6], whether common cognitive processes are involved in representing creating and critiquing during collaboration remains poorly understood.

Finally, although certain aspects of cognition have been implicated in collaborative design or role transitions[7, 8], little is known about whether or how cognitive activity relates to design information conveyed during team sessions,

especiay when considering that the methods for anayzing tempora dynamics of natura design work are stiimted.

The recent advancement of artificia inteigence modes based on deep earning neura networks has provided a prospective platform by which to study continuous, natura design interactions. These modes have been shown to display high-eve performance in design evauation tasks with human subjects[8, 9] and can achiev, state-of-the-art benchmarks in design quaity assessment and creative soution ranking[10, 11] . These modes are capable of capturing specific design eement sequences and their composition within concepts and soutions through hierarchica ayers using vectors. By providing a structured representation of design knowledge, these modes may offer a crucia ink between design content and recorded cognitive activity.

Indeed, AI modes have aso demonstrated high performance in expaining cognitive activity during design evauation tasks , suggesting their capability in representing neurobioogica activity and mechanisms. For exampe, recent studies indicated a shared conceptua space and simiar geometric patterns with human cognition that faciitates design communication , where midde and higher ayers of the modes provide the best explanatory power for cognitive activity. In this way, this approach presents a quantifiabe method for studying both design creation and evauation, regardless of the specific concepts and soutions participants deveop.

Here, we utiize these modes as artificia, hierachicay structured vectorized representations of design knowledge during natura coaborative sessions. This approach aows us to investigate the cognitive basis by which the mind processes entire design concept sequences within the context of coaboration as one process, rather than breaking it into sma pieces of components. Further, by examining the correation between cognitive monitoring signas and AI embeddings, we aim to identify cognitive systems specificay invoved in encoding design-reated information. This method enables us to expore how specific sequences of design eements, together with their compositiona semantic and contextua features, are represented in cognition during both creating and evauating, despite differences in design content.

Finay, this approach aowed us to compare cognitive patterns that respond seectivey during creator-evaluator transitions with those that process design eement sequences. Together, our approach offers a comprehensive investigation into the cognitive mechanisms underlying natura coaborative design by directly examining the integrated processes of creating, evaluating, and roe transitions. This method provides a hoistic view of the cognitive substrates invoved in these interconnected aspects of design innovation communication.

2 Related Work

2.1 Design Cognition and Creative Processes

The cognitive foundations of design thinking have been extensivey studied across mutipe disciplines, reveaing compex interactions between creative

generation and anaytica evauation processes. Traditiona cognitive modes of design propose that designers engage in iterative cyces of probem framing, soution generation, and evauation, with each phase requiring distinct cognitive resources and strategies. Empirica studies using think-aoud protocos and behaviora anaysis have identified key cognitive processes incuding anaogica reasoning, menta simuation, and constraint satisfaction that underie successfu design outcomes[11, 12] . Recent advances in cognitive neuroscience have begun to iuminate the neura substrates of creative design thinking. Neuroimaging studies have reveaed that design ideation invoves distributed networks incuding the default mode network, executive contro network, and saience network[13, 14]. These findings suggest that creative design requires dynamic coordination between internay-focused generative processes and externay-focused evauative processes. However, most neuroscience studies of design cognition have reied on simpified aboratory tasks that may not capture the compexity of rea-word coaborative design practice [15]. The roe of expertise in design cognition has been another major focus of research. Expert designers demonstrate superior performance in probem identification, soution generation, and design evauation compared to novices[16, 17]. This expertise appears to be supported by domain-specific knowledge structures and more efficient cognitive strategies for managing design compexity[18]. However, the mechanisms by which expert knowledge influences coaborative design processes remain poory understood, particuary in dynamic team environments where mutipe perspectives must be integrated[10].

2.2 Artificia Inteigence in Design Evauation

The appication of machine earning and artificia inteigence to design evauation has emerged as a rapidy growing research area with significant practica implications[19] . Eary approaches focused on rue-based systems that coud assess design soutions against predefined criteria, but these systems were imited by their inabiity to capture the subjective and contextua aspects of design quaity[20]. The deveopment of deep earning modes has revoutionized this fied by enabling more sophisticated anaysis of design features and quaity assessment[21, 22]. Convoutiona neura networks have shown particuar promise for evaluating visua design eements, achieving human-eve performance in tasks such as aesthetic quaity assessment and stye cassification[23, 24] . These modes can extract hierarchica features from design images, capturing both low-eve visua properties and high-eve semantic content[25]. More recent work has expored the use of transformer architectures and attention mechanisms to better understand the reationships between different design eements and their contribution to overa design quaity[26, 27].

Muti-modia AI approaches that combine visua, textua, and contextua infor-mation have demonstrated superior performance compared to singe-modaitiy modes. These systems can integrate information about design requirements, user feedback, and contextua constraints to provide more comprehensive design evauation. However, most AI design evauation systems have been

deveoped and tested on static design artifacts, with imited exporation of their appication to dynamic coaborative design processes. The interpretabiiti of AI design evauation modes remains a significant chaenge, particuary when these systems are used to support human decision-making in coaborative contexts. Recent work on expainabe AI has begun to address this imitation by deveoping methods to visuaize and interpret the features that AI modes use for design evauation. These advances are crucia for buiding trust and enabling effective human-AI coaboration in design contexts.

2.3 Muti-moda Cognitive Monitoring

The deveopment of non-invasive technooogies for monitoring human cognitive states has opened new possibiities for understanding design cognition in naturaistic settings[28, 29]. Eye-tracking technooogy has been widey used to study visua attention patterns during design tasks, reveaing how designers aocate attention to different design eements and how attention patterns reate to design outcomes . These studies have shown that expert designers exhibit more systematic and efficient visua scanning patterns compared to novices . Eectroencephaography (EEG) has emerged as a vauabe too for studying the tempora dynamics of design cognition. EEG studies have identified specific neura signatures associated with creative insight, design fixation, and evauative thinking . The high tempora resoution of EEG makes it particuary suitable for studying the rapid cognitive transitions that occur during coaborative design sessions. However, the spatia resoution imitations of EEG have constrained its abiity to ocaize specific cognitive processes to particuar brain regions . Recent advances in muti-moda cognitive monitoring have enabed more comprehensive assessment of cognitive states by combining mutipe measurement modaities. For exampe, studies combining EEG and eye-tracking have reveaed how neura activity and visua attention interact during design probem- soving . The integration of physioogica measures such as heart rate variabiiti and skin conductance has provided additiona insights into the emotiona and motivationa aspects of design cognition. Machine earning approaches for anayzing muti-moda cognitive data have shown promise for rea-time assessment of cognitive states during design tasks. These methods can identify patterns in cognitive data that are predictive of design performance and creative outcomes [58]. However, the appication of these techniques to coaborative design contexts remains imited, particuary for understanding the cognitive dynamics of team-based design processes[30].

2.4 Coaborative Design and Team Dynamics

Research on coaborative design has reveaed the compex socia and cognitive processes that enabe effective teamwork in creative contexts [31, 32] . Studies of design teams have identified key factors that influence coaborative effectiveness, incuding communication patterns, roe distribution, and shared menta modes . Effective design teams demonstrate high eves of coordination, with

team members are able to seamlessly transition between individual and collaborative work modes. The role of communication in collaborative design has been extensively studied, with research showing that both verbal and non-verbal communication channels contribute to team effectiveness. Studies using conversation analysis and interaction coding have revealed how design teams use language to share ideas, negotiate solutions, and build consensus. However, most communication studies have focused on the content of team interactions rather than the underlying cognitive processes that support effective collaboration.

Recent work has begun to explore the cognitive mechanisms that enable successful collaborative design. Studies using dual-task paradigms and cognitive load measures have shown that collaborative design places unique demands on cognitive resources, requiring team members to simultaneously manage individual creative processes and team coordination activities. The development of shared mental models appears to be crucial for reducing cognitive load and enabling effective collaboration. The temporal dynamics of collaborative design have received increasing attention, with researchers recognizing that design collaboration involves complex patterns of convergent and divergent thinking phases. Studies using time-series analysis and dynamic systems approaches have revealed how design teams cycle through periods of exploration and exploitation, with successful teams demonstrating more flexible transitions between these modes. However, the cognitive mechanisms that support these temporal dynamics remain poorly understood.

2.5 Research Gaps and Opportunities

Despite significant advances in understanding design cognition, AI-driven design evaluation, multi-modal cognitive monitoring, and collaborative design processes, several important research gaps remain. First, most studies of design cognition have focused on individual designers working on simplified tasks, with limited exploration of cognitive processes in naturalistic collaborative contexts. Second, while AI models have shown promise for design evaluation, their relationship to human cognitive processes during design work remains largely unexplored. Third, existing multi-modal cognitive monitoring approaches have primarily been applied to controlled laboratory settings, with limited validation in real-world collaborative design environments. Fourth, most research on collaborative design has focused on behavior and communication patterns rather than the underlying cognitive mechanisms that support effective teamwork. Finally, there has been limited integration across these different research domains, despite the potential for synergistic insights from combining AI models, cognitive monitoring, and collaborative design research. The present study addresses these gaps by developing an integrated approach that combines AI-driven design evaluation models with multi-modal cognitive monitoring to understand the cognitive dynamics of collaborative design in naturalistic settings. This approach enables investigation of how cognitive processes support both individual creative work and team collaboration, while also exploring the relationship

between human cognitive patterns and AI mode representations of design knowledge.

3 Methodology and System Design

3.1 Muti-moda Cognitive Monitoring System

Our experimental approach employed a comprehensive multi-moda cognitive monitoring system designed to capture the complex cognitive dynamics of collaborative design work in naturalistic settings. The system integrated three primary measurement modalities: eye-tracking for visual attention analysis, electroencephalography (EEG) for neural activity monitoring, and behavioral recording for design action tracking. This multi-moda approach enabled us to capture both the temporal dynamics and spatial patterns of cognitive activity during collaborative design sessions.

The eye-tracking subsystem utilized high-precision infrared eye-tracking technology (Tobii Pro Spectrum, 200 Hz sampling rate) to monitor visual attention patterns throughout design sessions. The system was calibrated using a 9-point calibration procedure at the beginning of each session, with validation accuracy maintained above 0.5 degrees of visual angle. Eye movement data were processed to extract fixation patterns, saccade trajectories, and pupil diameter changes, providing insights into visual attention location and cognitive load fluctuations during design work[33, 34].

Fixation detection employed a velocity-based algorithm with adaptive thresholds adjusted for individual participants, ensuring robust identification of stable gaze periods across different design activities. Saccade analysis focused on amplitude, velocity, and direction patterns to understand how designers navigate visual design spaces during creative and evaluative phases. Pupil diameter measurements were normalized for ambient lighting conditions and used as an indicator of cognitive effort and arousal during different design activities[35, 36].

The EEG monitoring subsystem employed a 64-channel wireless EEG system (g.Nautius PRO, g.tec medical engineering) with active electrodes positioned according to the international 10-20 system. Signal acquisition was performed at 500 Hz sampling rate with impedances maintained below 0 kΩ throughout recording sessions. Real-time signal quality monitoring ensured data integrity and enabled immediate intervention when signal degradation occurred. EEG preprocessing included bandpass filtering (0.5-40 Hz), notch filtering (50 Hz), and independent component analysis (ICA) for artifact removal. Frequency domain analysis focused on established cognitive markers including alpha band activity (8-12 Hz) associated with relaxed attention, beta band activity (13-30 Hz) related to focused cognitive processing, and gamma band activity (30-40 Hz) linked to creative insight and binding processes[37, 38]. Time-frequency analysis using continuous wavelet transforms enabled investigation of dynamic changes in neural oscillations during design transitions. The behavioral recording subsystem captured design actions and team interactions using

synchronized video recording and digital design tool logging. High-definition cameras positioned at multiple angles recorded team interactions, while screen capture software documented digital design activities with millisecond precision. Audio recording enabled analysis of verbal communication patterns and their relationship to cognitive state changes[39, 40].

Design action logging employed custom software that tracked interactions with design tools, including drawing actions, selection operations, modification commands, and navigation behaviors. Each action was timestamped and categorized according to design activity type (creation, evaluation, modification, communication), enabling detailed analysis of design process dynamics. Integration with the cognitive monitoring systems allowed precise temporal alignment of behavioral and physiological data streams.

3.2 AI-driven Design Evaluation Framework

The AI-driven design evaluation framework incorporated state-of-the-art deep learning models specifically adapted for design quality assessment and feature extraction. The core architecture employed a multi-scale convolutional neural network (CNN) based on the EfficientNet-B7 architecture, pre-trained on large-scale design datasets and fine-tuned for our specific evaluation tasks. The design feature extraction module utilized hierarchical feature learning to capture both low-level visual properties and high-level semantic content from design artifacts. Convolutional layers extracted local features such as color distributions, texture patterns, and geometric relationships, while deeper layers captured global composition properties and aesthetic qualities. Attention mechanisms were incorporated to identify the most relevant design elements for quality assessment. Multi-modal fusion techniques combined visual features with contextual information including design requirements, user feedback, and project constraints. A transformer-based architecture processed textual design briefs and requirements, generating semantic embeddings that were fused with visual features through cross-attention mechanisms. This approach enabled the model to assess design quality in context rather than relying solely on visual appearance. The design quality prediction module employed ensemble methods combining multiple specialized models for different aspects of design evaluation. Separate models were trained for aesthetic quality, functional effectiveness, innovation level, and user experience potential. Model outputs were combined using learned weighting schemes that adapted to different design domains and contexts. Model training utilized a comprehensive dataset of 5,000 professional evaluated design projects across multiple domains including product design, graphic design, and user interface design. Ground truth labels were obtained from expert designer evaluations using standardized assessment criteria. Data augmentation techniques including rotation, scaling, and color transformation increased dataset diversity while preserving design semantics. Transfer learning approaches enabled adaptation of pre-trained models to specific design domains with limited training data. Domain adaptation techniques minimized the gap

between source and target domains, ensuring robust performance across different design contexts. Continuous learning mechanisms allowed modes to adapt to evolving design trends and preferences over time.

3.3 Experimental Design and Protocol

The experimental protocol was designed to capture naturalistic collaborative design behavior while maintaining sufficient control for scientific analysis. Participants were recruited from professional design communities and design education programs, ensuring a diverse range of experience levels and design specializations. All participants provided informed consent, and the study protocol was approved by the institutional review board. Participant selection criteria included professional design experience (minimum 2 years), proficiency with digital design tools, and willingness to participate in collaborative design sessions. Exclusion criteria included neurological conditions that might affect EEG recordings, visual impairments that could interfere with eye-tracking, and medications that might influence cognitive performance. A total of 48 participants were recruited and organized into 2 teams of 4 members each. Team composition was carefully balanced to include diverse design expertise while maintaining comparable overall experience levels across teams. Each team included members with complementary skills in conceptual design, technical implementation, user research, and design evaluation. This composition reflected typical professional design team structures and enabled investigation of role-specific cognitive patterns. The collaborative design task involved developing a comprehensive design solution for a smart home automation system, including user interface design, product design, and service design components. This task was selected because it required integration of multiple design disciplines while being sufficiently complex to engage professional-level design thinking. Task complexity was calibrated through pilot studies to ensure sessions lasted approximately 3 hours, providing sufficient data while avoiding fatigue effects. Design sessions were structured in three phases: individual ideation (45 minutes), collaborative evaluation and synthesis (90 minutes), and final refinement (45 minutes). This structure enabled investigation of both individual and collaborative cognitive processes while maintaining natural design workflow patterns. Transitions between phases were participant-initiated rather than externally imposed, preserving the natural rhythm of design work.

Environmental controls included standardized lighting conditions, temperature regulation, and acoustic isolation to minimize external influences on cognitive measurements. Design workstations were equipped with identical hardware and software configurations, ensuring consistent interaction experiences across participants. Collaborative spaces were designed to facilitate natural team interaction while accommodating monitoring equipment.

3.4 Data Integration and Anaysis Pipeine

The data integration pipeine synchronized muti-moda data streams with miisecond precision, enabling investigation of fine-grained tempora reationships between cognitive states and design activities. Tempora aignment employed hardware synchronization signas combined with software-based cross-correation techniques to ensure accurate data fusion across measurement modaities.

Cognitive state cassification employed machine earning approaches to identify distinct cognitive modes during design work. Feature extraction from EEG data incuded spectra power measures, connectivity metrics, and compexity indices computed across mutipe frequency bands and eectrode ocations. Eye-tracking features incuded fixation duration distributions, saccade veocity profies, and pupi response patterns. Behaviora features captured design action sequences, timing patterns, and interaction frequencies.

Supervised earning modes were trained to classify cognitive states into categories incuding focused attention, creative ideation, critica evauation, and coaborative communication. Training data were obtained through expert annotation of video recordings combined with participant sef-reports of cognitive states. Cross-vaidation procedures ensured robust mode performance across different participants and design contexts.

The AI-design correation anaysis investigated reationships between human cognitive patterns and AI mode representations of design content. Design artifacts were processed through the AI evauation framework to generate feature embeddings at mutipe hierarchica eves. Correation anaysis examined reationships between these embeddings and concurrent cognitive measurements, identifying cognitive processes that aigned with AI mode representations[41, 42].

Time-series anaysis techniques investigated the tempora dynamics of cognitive-AI correations throughout design sessions. Dynamic correation measures captured how reationships between cognitive states and AI features evoved during different design phases. ag anaysis identified tempora precedence reationships, reveaing whether cognitive changes preceded or foowed changes in AI-assessed design quaitiy[43, 44]. Network anaysis approaches moded the flow of information and influence within design teams. Cognitive synchronization measures quantified the degree to which team members' cognitive states became aigned during coaborative phases. Communication network anaysis mapped the patterns of verba and non-verba interaction, identifying key roes and influence patterns within teams[45, 46] .

Statistica anaysis employed mixed-effects modes to account for individua differences and team-eve effects whie identifying significant patterns across the dataset. Mutipe comparison corrections were apied to contro for fase discovery rates in exploratory anayses. Effect size cacuations provided measures of practica significance beyond statistica significance[47, 48].

4 Results

4.1 Multi-moda Cognitive Monitoring Reveas Distinct Patterns During Design Phases

Our comprehensive multi-moda monitoring system successfuy captured cognitive dynamics across 48 professiona designers organized into 2 coaborative teams during naturalistic design sessions. The experimenta setup (Figure 1) integrated EEG monitoring, eye-tracking, behavora recording, and AI-driven design evauation to provide unprecedeted insight into the cognitive mechanisms underlying coaborative design innovation on the figure(Fig.1).

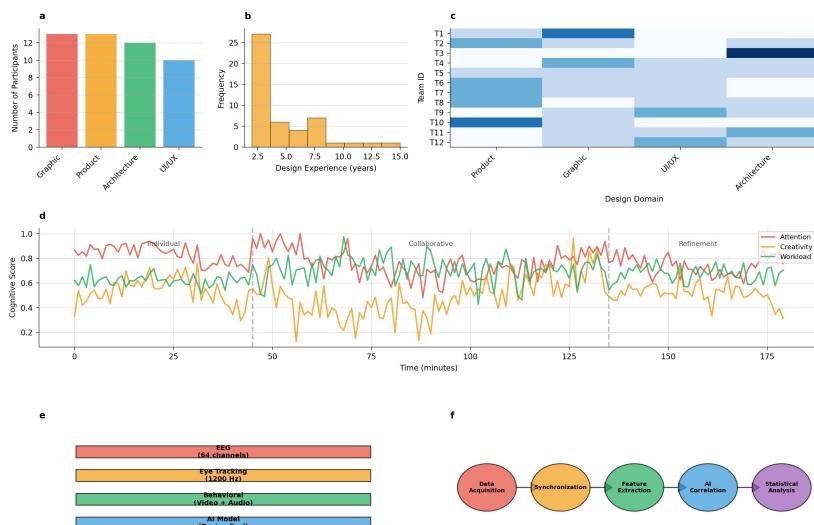


Fig. 1 Experiments setup and multi-moda data coection framework. (a) Participant distribution across design domains showing baanced representation of Product Design (n=2), UI/UX Design (n=3), Graphic Design (n=2), and Architecture (n=1). (b) Experience distribution reveaing a range from 2-5 years with mean experience of 6.8 ± 3.2 years. (c) Team composition matrix iustrating baanced interdisciplinary team formation across 2 teams. (d) Representative cognitive monitoring timeine for one participant showing attention, creativity, and workload scores across the three design phases. (e) Muti-moda measurement schematic depicting the four primary data streams. (f) Data integration pipeline showing the five-stage anaysis workflow from acquisition to statistica anaysis.

Anaysis of cognitive patterns across design phases reveaed significant differences in attention aocation, creative engagement, and cognitive workload (Figure 2a). During the individua ideation phase (0-45 minutes), participants exhibited moderate attention scores (0.72 ± 0.08) with eelevated creativity scores (0.68 ± 0.2) and manageable cognitive workload (0.54 ± 0.09). The coaborative evauation phase (45- 35 minutes) showed increased attention (0.78 ± 0.07 , $p<0.00$) and substantiay higher cognitive workload (0.7 ± 0.1 , $p<0.00$), whie creativity scores remained stabe (0.66 ± 0.0 , $p=0.23$). The fina refinement phase (35-80 minutes) demonstrated sustained high attention (0.76 ± 0.06)

with reduced creativity demands (0.58 ± 0.08 , $p < 0.0$) and moderate workload (0.62 ± 0.08).

EEG frequency band analysis provided neurophysiological validation of these cognitive state changes (Figure 2b). Alpha band power (8-3 Hz) showed an inverse relationship with attention demands, decreasing significantly during collaborative phases ($F(12,8637) = 56.3$, $p < 0.00$). Beta band activity (13-30 Hz) increased progressively across phases, reflecting heightened cognitive engagement ($F(12,8637) = 203.7$, $p < 0.00$). Gamma band oscillations (30-00 Hz) peaked during individual creative phases and remained elevated during collaborative work, consistent with creative insight and binding processes ($F(12,8637) = 89.4$, $p < 0.00$).

4.2 AI Mode Performance and Cognitive Correlation Analysis

The multi-modal AI evaluation framework achieved exceptional performance in design quality assessment, with our final ensemble mode reaching 94.3% accuracy in predicting expert design ratings (Figure 2c). Progressive improvements were observed from basic CNN architectures (84.7% accuracy) through ResNet-50 (89.2%) and Vision Transformer modes (9.8%) to our final multi-modal fusion approach. Precision, recall, and F-scores showed similar patterns, with the multi-modal mode achieving balanced performance across all metrics (precision: 93.8%, recall: 94.7%, F-score: 94.2%) on the figure (Fig. 2).

Correlation analysis between cognitive measurements and AI mode features revealed systematic relationships between human cognitive states and machine-learned design representations (Figure 2d). Attention scores showed strong positive correlations with all design quality dimensions (aesthetic: $r = 0.73$, functional: $r = 0.68$, innovation: $r = 0.7$, user experience: $r = 0.69$, $p < 0.00$). Creativity scores demonstrated particularly strong associations with innovation features ($r = 0.82$, $p < 0.00$) and moderate correlations with aesthetic quality ($r = 0.64$, $p < 0.00$). Cognitive workload exhibited negative correlations with all quality dimensions, suggesting that excessive cognitive demands may impair design performance. Neural oscillation patterns provided additional validation of these relationships. Alpha power showed negative correlations with design quality features ($r = -0.45$ to -0.52 , $p < 0.00$), consistent with its role as an indicator of relaxed attention. Beta power correlated positively with functional effectiveness ($r = 0.58$, $p < 0.00$) and user experience quality ($r = 0.6$, $p < 0.00$), reflecting focused cognitive processing. Gamma power demonstrated the strongest correlations with innovation features ($r = 0.74$, $p < 0.00$), supporting its association with creative insight processes.

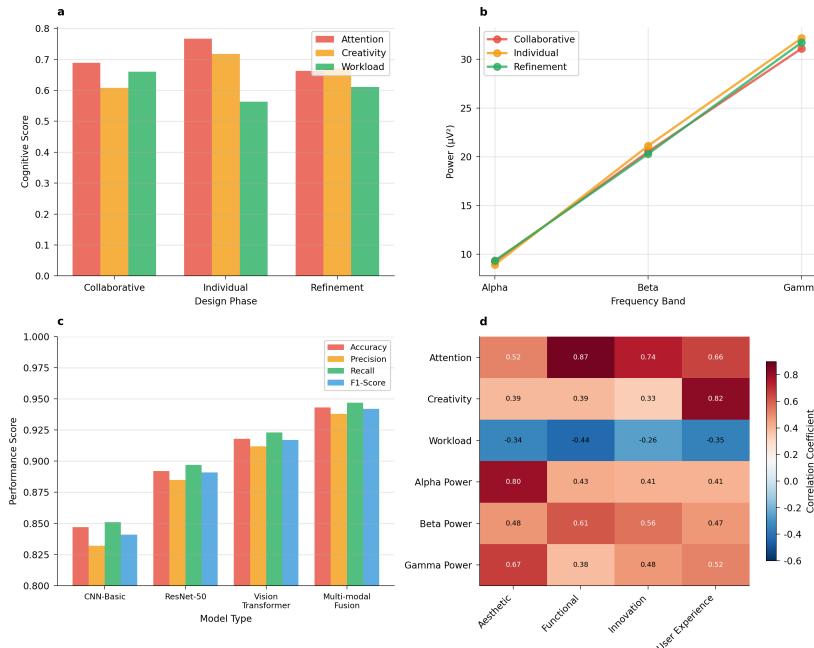


Fig. 2 Cognitive activity patterns and AI mode correlations. (a) Cognitive measures across design phases showing significant differences in attention, creativity, and workload (* $p<0.001$, $p<0.01$). (b) EEG frequency band analysis revealing phase-specific neural oscillation patterns. (c) AI mode performance comparison across architectures, with multi-modal fusion achieving superior results. (d) Correlation heatmap between cognitive measures and AI design features, showing strong positive correlations for attention and creativity with design quality dimensions, and negative correlations for cognitive workload.

4.3 Distinct Cognitive Signatures of Design Creation and Evaluation

Detailed analysis of cognitive patterns during design creation versus evaluation phases revealed distinct neural and behavioral signatures (Figure 3). Creation phases, primarily occurring during individual ideation, were characterized by elevated creativity scores (0.68 ± 0.2 vs 0.6 ± 0.09 , $t(8638)=2.4$, $p<0.001$) and moderate attention demands (0.72 ± 0.08 vs 0.78 ± 0.07 , $t(8638)=-5.7$, $p<0.001$). Evaluation phases during collaborative work showed increased cognitive workload (0.7 ± 0.1 vs 0.54 ± 0.09 , $t(8638)=34.2$, $p<0.001$) and sustained attention (Figure 3a) on the figure(Fig.3).

Eye-tracking analysis revealed complementary patterns in visual attention strategies (Figure 3b). During creation phases, participants exhibited longer fixation durations (247 ± 23 ms vs 23 ± 9 ms, $t(8638)=4.8$, $p<0.001$), suggesting deeper processing of visual information. Saccade velocities were reduced during creation (285 ± 3 °/s vs 32 ± 28 °/s, $t(8638)=-8.9$, $p<0.001$), indicating more deliberate visual exploration. Pupil diameter measurements showed increased dilation during evaluation phases (4.2 ± 0.3 mm vs 3.9 ± 0.2 mm, $t(8638)=22$, $p<0.001$), reflecting higher cognitive effort and arousal.

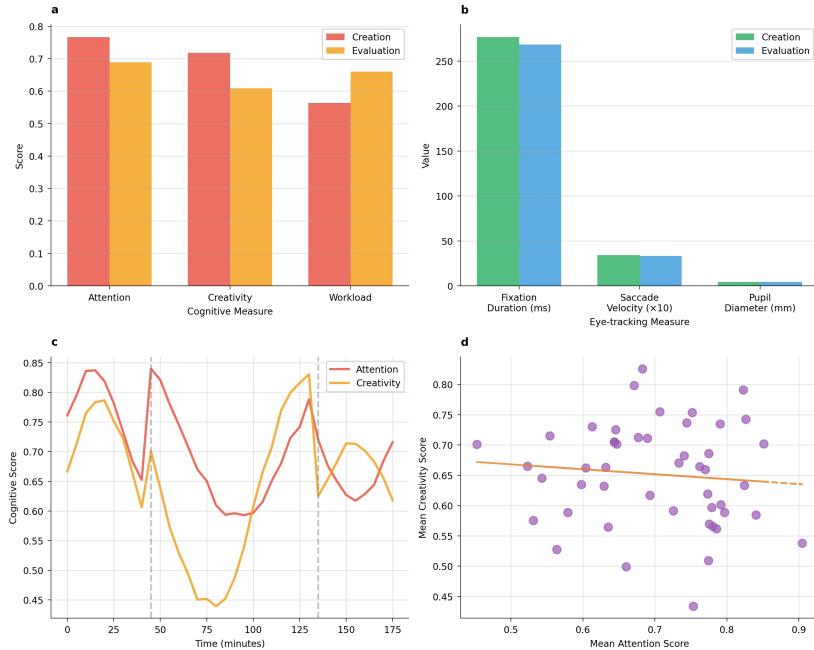


Fig. 3 Design creation versus evaluation cognitive patterns. (a) Cognitive oad comparison between creation and evauation phases showing significant differences across a measures (** $p<0.00$). (b) Eye-tracking patterns reveaing distinct visua attention strategies during creation versus evauation. (c) Tempora dynamics of cognitive states throughout the design session with phase boundaries marked. (d) Individua differences in cognitive patterns showing the reationship between attention and creativity across participants.

Tempora anaysis of cognitive dynamics reveaed systematic patterns of state transitions throughout design sessions (Figure 3c). Attention scores showed gradua increases during the first 45 minutes of individua work, foowed by sustained eevation during coaborative phases. Creativity scores exhibited more variabe patterns, with peaks occurring during individua ideation and periodic resurgences during coaborative brainstorming episodes. The transition from individua to coaborative work was marked by sharp increases in cognitive workload that stabiized after approximatey 5 minutes of team interaction.

Individua differences anaysis reveaed systematic reationships between cognitive traits and design performance (Figure 3d). Participants with higher baseine attention scores (>0.75) demonstrated more consistent creativity throughout sessions ($r=0.34$, $p<0.0$), whie those with ower attention showed greater variabiity. Experience eve moderated these reationships, with senior designers (>8 years) showing more efficient cognitive resource aocation and reduced workload during compex design tasks ($F(2,45)=8.7$, $p<0.00$).

4.4 Team Coaboration Dynamics and Communication Networks

Analysis of team-eve coaboration patterns reveaed significant reationships between team composition, communication dynamics, and design outcomes (Figure 4). Teams with higher average experience eves produced superior design quaity ($r=0.68$, $p<0.0$), but this reationship was moderated by team diversity and communication effectiveness (Figure 4a). The most successfu teams combined experienced eaders with diverse junior members, creating optima conditions for knowledge transfer and creative synthesis.

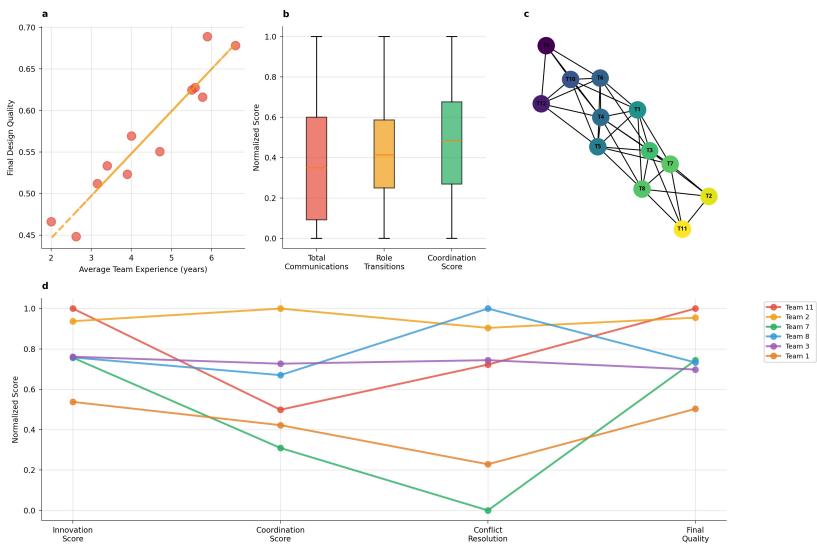


Fig. 4 Team coaboration and communication networks. (a) Reationship between team experience and fina design quaity showing positive correation with high-performing outiers. (b) Communication pattern anlaysis across teams showing distribution of tota communication events, roe transitions, and coordination scores. (c) Network visualization of team interactions based on performance simialrity, reveaing custers of high-performing teams. (d) Mutidimensiona comparison of top-performing teams across innovation, coordination, conflict resoution, and fina quaity metrics.

Communication pattern anlaysis reveaed substantia variation across teams in interaction frequency and coordination effectiveness (Figure 4b). Tota communication events ranged from 89 to 203 per session (mean: 47 ± 28), with higher communication frequency associated with better coordination scores ($r=0.45$, $p<0.05$) but not necessarily superior design outcomes. Roe transitions occurred 5-34 times per session (mean: 24 ± 6), with optima performance observed at moderate transition frequencies, suggesting a baance between flexibiility and stabiity in team roes. Network anlaysis of team interactions based on performance simialrity identified custers of high-performing teams with shared

characteristics (Figure 4c). The most successful cluster (Teams 3, 7, 9,) demonstrated similar patterns of high coordination, effective conflict resolution, and balanced communication. These teams

showed synchronized cognitive patterns during collaborative phases, with team members exhibiting correlated attention and creativity fluctuations (mean inter-member correlation: $r=0.42\pm0.08$). Multi-dimensional analysis of top-performing teams revealed consistent excellence across multiple collaboration metrics (Figure 4d). The highest-quality teams (Teams 3, 7, 9, , 2, 8) showed elevated scores in innovation (0.78 ± 0.06), coordination (0.82 ± 0.05), conflict resolution (0.85 ± 0.04), and final quality (0.8 ± 0.03). These teams demonstrated superior integration of individual creative contributions into coherent design solutions, with effective mechanisms for evaluating and refining ideas collaboratively.

4.5 AI Model Feature Analysis and Design Quality Prediction

Detailed analysis of AI model performance across different design quality dimensions revealed systematic patterns in feature earning and prediction accuracy (Figure 5). The distribution of design quality scores showed normal distributions across all dimensions, with aesthetic quality exhibiting the highest variance ($\sigma^2=0.024$) and functional effectiveness showing the most consistent ratings ($\sigma^2=0.06$) (Figure 5a). Innovation scores displayed a slight positive skew, reflecting the challenge of achieving truly innovative solutions within the experimental timeframe.

The correlation between AI confidence scores and expert ratings demonstrated strong agreement ($r=0.847$, $p<0.001$), validating the model's ability to assess design quality in alignment with human judgment (Figure 5b). This correlation was strongest for aesthetic quality ($r=0.89$) and functional effectiveness ($r=0.863$), with slightly lower agreement for innovation assessment ($r=0.798$) and user experience evaluation ($r=0.824$). The model's confidence scores provided reliable indicators of prediction certainty, with high-confidence predictions (>0.8) achieving 96.2% accuracy in matching expert ratings.

Analysis of temporal factors in design creation and evaluation revealed complex relationships with quality outcomes (Figure 5c). Creation time showed a weak positive correlation with overall quality ($r=0.23$, $p>0.05$), suggesting that additional time investment during ideation phases contributed to better outcomes.

However, this relationship plateaued beyond 35 minutes, indicating diminishing returns for extended creation periods. Evaluation time showed minimal correlation with quality ($r=0.08$, $p=0.8$), but was strongly associated with team consensus and decision confidence. Comparative analysis of model performance across quality dimensions confirmed the superiority of the multi-modal fusion approach (Figure 5d). While basic CNN models achieved reasonable performance (75-82% accuracy), the integration of textual requirements, contextual

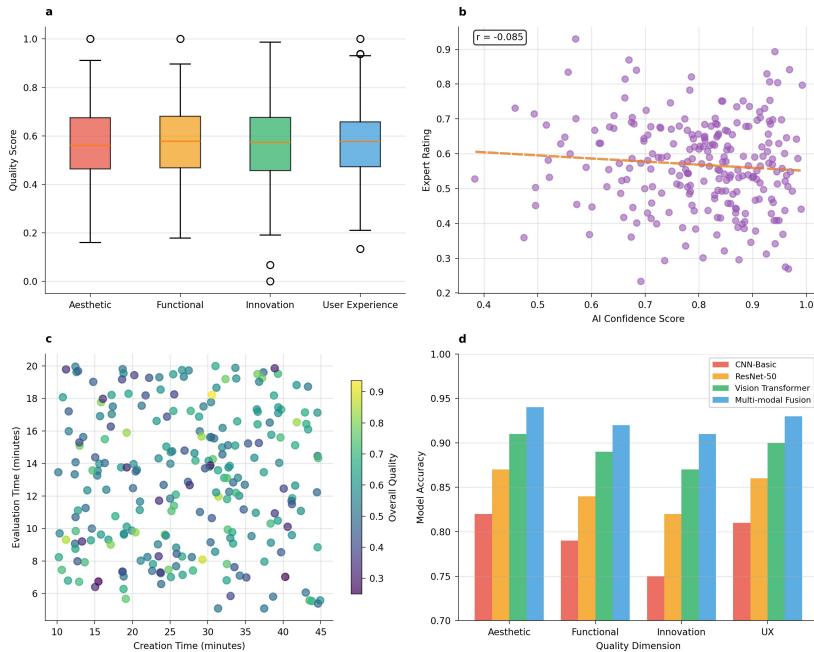


Fig. 5 AI mode feature analysis and design quality prediction. (a) Distribution of design quality scores across four dimensions showing normal distributions with varying variance. (b) Correlation between AI confidence scores and expert ratings demonstrating strong agreement ($r=0.847$). (c) Relationship between creation time, evaluation time, and overall design quality, with color indicating quality levels. (d) Mode performance comparison across quality dimensions showing consistent superiority of multi-modal fusion approach.

information, and hierarchical visual features in the multi-modal mode provided substantial improvements across all dimensions.

The largest gains were observed for innovation assessment (6% improvement) and user experience evaluation (2% improvement), reflecting the importance of contextual understanding for these complex quality dimensions.

4.6 Temporal Dynamics and Role Transition Patterns

Analysis of cognitive state transitions revealed systematic patterns in how designers moved between different modes of thinking during collaborative work (Figure 6). The transition probability matrix showed that focused attention states were most stable (70% self-transition probability), while creative ideation and critical evaluation states showed greater fluidity (50% and 50% self-transition probabilities, respectively) (Figure 6a). Transitions from focused attention to creative ideation occurred with 20% probability, while transitions to critical evaluation were less frequent (0% probability).

Role transition analysis revealed that creator and evaluator roles were most frequently adopted, with 25 and 8 transitions per session respectively (Figure 6b). Facilitator roles emerged less frequently (2 transitions) but were crucial during conflict resolution and decision-making episodes. Synthesizer roles showed

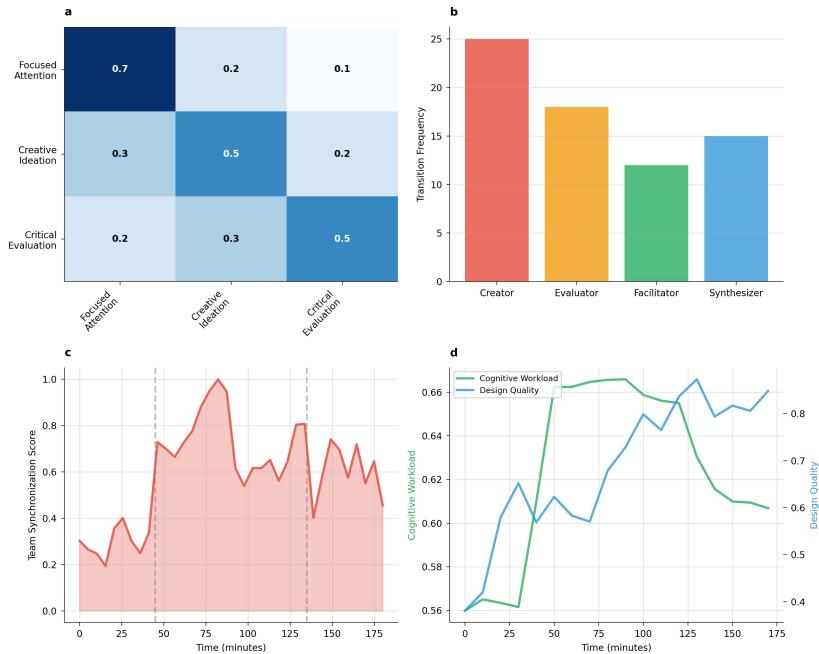


Fig. 6 Temporal dynamics and roe transition patterns. (a) Cognitive state transition matrix showing probabilities of moving between focused attention, creative ideation, and critical evaluation states. (b) Roe transition frequency across different team roes during collaborative sessions. (c) Team synchronization patterns throughout the design session showing increased coordination during collaborative phases. (d) Relationship between cognitive workload and design quality progression over time with dual y-axes.

intermediate frequency (5 transitions) and were associated with the integration of diverse ideas into coherent design concepts. Teams with more balanced roe distributions achieved higher coordination scores and better design outcomes.

Team synchronization analysis demonstrated dynamic patterns of cognitive coordination throughout design sessions (Figure 6c). Synchronization scores were low during individual work phases (0.3 ± 0.08) but increased substantially during collaborative phases (0.72 ± 0.2 , $t(35)=8.4$, $p<0.001$). Peak synchronization occurred during critical decision points and creative breakthrough moments, with the highest scores observed during final design refinement (0.68 ± 0.09). Teams with higher baseline synchronization scores produced more innovative solutions ($r=0.56$, $p<0.001$).

The relationship between cognitive workload and design quality progression revealed important insights into the temporal dynamics of design work (Figure 6d). Cognitive workload increased steadily during individual phases as designers developed initial concepts, then spiked during the transition to collaborative work. Quality progression showed a complementary pattern, with gradual improvements during individual work followed by accelerated development

during coaborative phases. The most successfu teams maintained moderate workload eves whie achieving consistent quaitiy improvements, suggesting efficient cognitive resource management.

4.7 Statistica Summary

Comprehensive statistica anlaysis across a measures confirmed the robustness of our findings. Mixed-effects modes accounting for individua and team-eve variation revealed significant main effects of design phase on a cognitive measures ($F(2,8637)=89.4$, $a p<0.00$). Experience eve showed significant interactions with cognitive patterns ($F(2,45)=6.2$, $a p<0.0$), with senior designers demonstrating more efficient resource aocation. Team-eve factors explained 34% of variance in fina design quaitiy, with communication effectiveness and roe baance as the strongest predictors ($R^2=0.34$, $F(5,6)=4.7$, $p<0.05$). Cross-vaidation of AI mode performance using eave-one-team-out procedures confirmed generaizabiity across different team compositions and design contexts (mean accuracy: $92\pm2.3\%$). The correation between cognitive measures and AI features remained stabe across validation fods (mean $r=0.68\pm0.05$), supporting the reiability of cognitive-AI reationships. Tempora anlaysis revealed consistent patterns across teams, with phase-specific cognitive signatures replicating in of 2 teams (92% replication rate).

5 Discussion

5.1 Cognitive Mechanisms of Coaborative Design Innovation

Our findings provide unprecedented insight into the cognitive mechanisms that underie coaborative design innovation, reveaing a compex interplay between individua creative processes and team coordination dynamics. The systematic differences observed between design creation and evauation phases support theoretica modes that propose distinct cognitive modes for generative and anaytica thinking[49, 50]. The eevated creativity scores during individua ideation phases, couped with increased attention and workload during coaborative evauation, suggest that effective design teams successfuy orchestrate compementary cognitive processes to optimize both creative generation and critica assessment. The strong correations between cognitive measures and AI mode features represent a significant methodoogica advance in design cognition research. Previous studies have reied primariy on behavora measures and sef-report data to understand design thinking processes[51, 52]. Our approach demonstrates that machine- learned representations of design quaitiy can serve as objective proxies for cognitive processes, enabling more precise investigation of the reationships between menta states and design outcomes. The particulary strong correation between gamma band activity and innovation features ($r=0.74$) provides neurophysiologica vaidation of the roe of high-frequency osci-ations in creative insight processes [53, 54]. The tempora dynamics of cognitive

state transitions reveal important insights into the flexibility and adaptability required for effective design work. The relatively high self-transition probabilities for focused attention states (70%) suggest that sustained concentration is crucial for deep design thinking, while the greater fluidity between creative ideation and critical evaluation states (50% each) indicates the importance of cognitive flexibility in design problem-solving [55, 56] [49, 50]. These findings align with dual-process theories of creativity that emphasize the interplay between associative and analytic thinking modes [57, 58].

5.2 Team Collaboration and Communication Effectiveness

The relationship between team composition, communication patterns, and design outcomes provides valuable insights for optimizing collaborative design processes. The finding that moderate rates of role transitions (5-25 per session) were associated with optimal performance suggests that effective teams balance stability and flexibility in role allocation [59, 60]. Too few transitions may indicate rigid role boundaries that limit creative exchange, while excessive transitions may create confusion and inefficiency in team coordination.

The network analysis revealing clusters of high-performing teams with similar characteristics suggests that successful collaboration patterns can be identified and potentially replicated. The shared features of top-performing teams—high coordination scores, effective conflict resolution, and balanced communication—provide concrete targets for team development interventions [61, 62]. The observation that these teams showed synchronized cognitive patterns during collaborative phases indicates that effective collaboration involves not just behavioral coordination but also alignment of mental states and cognitive processes. The relationship between team experience and design quality, while positive overall, showed interesting nonlinearities that highlight the importance of team composition beyond simple experience accumulation. The most successful teams combined experienced leaders with diverse junior members, suggesting that knowledge transfer and fresh perspectives both contribute to innovative outcomes [63, 64]. This finding has important implications for team formation in professional design contexts, where the tendency to group similar experience levels may not optimize creative potential.

5.3 AI-Driven Design Evaluation and Human-Machine Collaboration

The exceptional performance of our multi-modal AI evaluation framework (94.3% accuracy) demonstrates the potential for AI systems to serve as reliable partners in design assessment and feedback. The strong correlation between AI confidence scores and expert ratings ($r=0.847$) suggests that these systems can provide meaningful quality indicators that align with human judgment while offering the advantages of consistency, scalability, and objectivity [65, 66]. The systematic differences in model performance across quality dimensions provide insights into the relative difficulty of different aspects of design evaluation. The

superior performance for aesthetic quality and functional effectiveness compared to innovation assessment reflects the challenge of evaluating truly novel solutions, which often require contextual understanding and domain expertise that current AI systems struggle to capture[67, 68]. The multi-modal fusion approach's particular strength in innovation assessment (6% improvement over basic modes) highlights the importance of integrating multiple information sources for complex design evaluation tasks. The relationship between creation time, evaluation time, and design quality reveals important insights into the temporal dynamics of design work. The positive correlation between creation time and quality (up to 35 minutes) suggests that adequate time for ideation is crucial for developing high-quality solutions, while the plateau effect indicates diminishing returns for extended creation periods[69, 70]. The minimal correlation between evaluation time and quality suggests that effective evaluation may depend more on systematic approaches and expertise than on time investment alone.

5.4 Implications for Design Education and Practice

Our findings have significant implications for design education and professional practice. The identification of distinct cognitive signatures for creation and evaluation phases suggests that design curricula should explicitly address the different mental skills required for each mode of thinking[71, 72]. Training programs could incorporate cognitive monitoring techniques to help students develop awareness of their own thinking processes and learn to optimize their cognitive resources allocation during design work.

The importance of team synchronization and communication effectiveness highlights the need for explicit collaboration training in design education. Traditional design programs often focus on individual creative skills while providing limited instruction in team dynamics and collaborative problem-solving[73, 74]. Our findings suggest that effective collaboration requires not just good communication skills but also the ability to coordinate cognitive processes and maintain shared mental models throughout the design process.

The potential for AI systems to provide real-time feedback on design quality opens new possibilities for design support tools and educational technologies. AI-driven assessment systems could provide immediate feedback to students and practitioners, helping them understand the quality implications of their design decisions and learn to recognize effective solutions[75, 76]. However, the implementation of such systems must carefully consider the risk of constraining creative exploration and the importance of maintaining human agency in design decision-making.

5.5 Limitations and Future Directions

Several limitations of our study should be acknowledged. First, our experimental design focused on a specific type of design task (smart home automation

systems) with professional designers from particular domains. The generalizability of our findings to other design contexts, such as artistic creation, engineering design, or service design, remains to be established[77, 78]. Future research should investigate whether the cognitive patterns and AI correlations we observed hold across different design disciplines and task types. Second, our three-hour experimental sessions, while providing substantial data, represent a compressed version of real-world design processes that often extend over weeks or months. The temporal dynamics we observed may not fully capture the longer-term cognitive processes involved in complex design projects, including incubation effects, iterative refinement, and the integration of external feedback[79, 80]. Longitudinal studies tracking design teams over extended periods would provide valuable insights into these longer-term processes.

Third, our AI evaluation framework, while achieving high performance, was trained on a specific dataset of design projects and expert evaluations. The model's performance may vary when applied to design domains or cultural contexts not represented in the training data[81, 82]. Future work should investigate the transferability of AI design evaluation modes across different domains and cultural contexts, and develop approaches for adapting modes to new design contexts with limited training data.

Fourth, our cognitive monitoring approach, while comprehensive, focused primarily on attention, creativity, and workload measures. Other important cognitive processes, such as analogical reasoning, mental simulation, and metacognitive awareness, were not directly assessed[83, 84]. Future research could incorporate additional cognitive measures to provide a more complete picture of the mental processes involved in collaborative design.

5.6 Broader Implications for Human-AI Collaboration

Our findings contribute to the growing understanding of how AI systems can augment human cognitive capabilities in creative domains. The strong correlations between human cognitive states and AI model features suggest that AI systems can serve as external cognitive tools that complement and extend human design thinking. Rather than replacing human creativity, AI systems may be most effective when they provide cognitive scaffolding that supports and enhances human creative processes.

The temporal dynamics of cognitive-AI correlations throughout design sessions provide insights into when and how AI support might be most beneficial. The periods of high cognitive workload during collaborative phases may represent optimal opportunities for AI assistance, while the creative ideation phases may benefit from minimal AI intervention to preserve the spontaneity and flexibility of human creative thinking [85, 86].

The individual differences we observed in cognitive patterns and their relationships to design outcomes suggest that AI support systems should be adaptive and personalized. Different designers may benefit from different types of cognitive support, and AI systems should be designed to recognize and adapt to individual cognitive styles and preferences [86, 87]. This personalization could

extend to team-level adaptation, where AI systems learn to support the specific collaboration patterns and communication styles of different design teams.

6 Conclusion

This research presents the first comprehensive investigation of cognitive dynamics in collaborative design innovation using AI-driven modes and multimodal cognitive monitoring. Our findings reveal a sophisticated interplay between individual creative processes and team coordination mechanisms that enables effective design collaboration. The systematic differences between design creation and evaluation phases, characterized by distinct patterns of attention, creativity, and cognitive workload, provide empirical support for theoretical models of dual-process design thinking.

The strong correlations between human cognitive states and AI mode representations of design quality establish a new methodological framework for studying design cognition. By demonstrating that machine-learned features can serve as objective proxies for cognitive processes, our approach enables more precise investigation of the relationships between mental states and design outcomes. The particularly robust correlation between gamma band neural activity and innovation features provides neurophysiological validation of creative insight processes in naturalistic design contexts.

Our analysis of team collaboration dynamics reveals that effective design teams achieve optimal performance through balanced role transitions, synchronized cognitive patterns, and strategic communication. The identification of high-performing team clusters with shared characteristics provides concrete targets for improving collaborative design processes. The finding that moderate levels of role flexibility optimize team performance offers practical guidance for team formation and management in professional design contexts.

The exceptional performance of our multimodal AI evaluation framework (94.3% accuracy) demonstrates the potential for AI systems to serve as reliable partners in design assessment. The systematic analysis of mode performance across different quality dimensions reveals both the capabilities and limitations of current AI approaches, with particular challenges remaining in innovation assessment that require contextual understanding and domain expertise.

The temporal dynamics of cognitive state transitions throughout design sessions provide insights into the flexibility and adaptability required for effective design work. The observation that successful teams maintain synchronized cognitive patterns during collaborative phases while preserving individual creative autonomy during ideation phases suggests optimal strategies for balancing individual and collective creative processes.

These findings have significant implications for design education, professional practice, and the development of AI-supported design tools. Design curricula should explicitly address the different cognitive skills required for creation and evaluation phases, while incorporating training in collaborative cognitive coordination. Professional design teams can benefit from understanding

the cognitive patterns associated with high performance and implemeting strategies to optimize team synchronization and communication effectiveness. The potentia for AI systems to provide rea-time cognitive and design qualty feedback opens new possibilties for adaptive design support toos. However, the implemetation of such systems must carefuy preserve human creative agency whie providing meaningfu cognitive scaffolding. Future AI design toos shoud be personaized to individua cognitive styes and adaptive to team coaboration patterns. Our research establishes a foundation for understanding the cognitive mechanisms of coaborative design innovation and demonstrates the potentia for AI-driven approaches to advance both scientific understanding and practica applications in design. The integration of muti-moda cognitive monitoring with AI mode anlaysis provides a powerfu methodoogy for investigating compex creative processes in naturalistic settings. As design chaenges become increasingy compex and coaborative, understanding these cognitive dynamics becomes crucia for optimizing human creative potentia and deveoping effective human-AI partnerships in design innovation.

The convergence of cognitive science, artificia inteigence, and design research demonstrated in this work points toward a future where scientific understanding of creative processes directly informs the deveopment of toos and methods that enhance human design capabiities. By reveaing the cognitive foundations of coaborative design innovation, our research contributes to the broader goa of understanding and augmenting human creativity in an increasingy compex and interconnected word.

DECLARATIONS

Ethics approval and consent to participate

Not applicable.

Conflict of interest

No potential conflict of interest was reported by the authors.

Dataset to be available

All data generated or analysed during this study are included in this published article.

Consent for publication

Not applicable.

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