

AI-driven modes reveal cognitive dynamics of collaborative design innovation: A multi-modal approach to understanding designer interaction patterns

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Abstract

Through the collaborative design process, professionals engage in complex cognitive activities, including creative generation and critical evaluation, to produce innovative solutions. However, the cognitive mechanisms that integrate these complementary processes (precisely conveying and distilling design knowledge through these processes) remain little known. Here, we use pre-trained deep learning artificial intelligence models in combination with multimodal cognitive monitoring to identify neural and behavioral signals that reflect design creation, evasion, and transformation among professionals in natural collaborative design meetings. The research results show that cognitive activities reflecting design creation and evaluation are widely distributed in the attention and working memory networks of various measurement methods. We also found that these activities are specific to the design concepts and solutions under development and are based on the combination of specific environments and design elements. Finally, we demonstrated that these cognitive models were overused during the design generation and evaluation stages, and that the transition from creator to evaluator was associated with specific, time-limited changes in cognitive activities. Furthermore, our research findings reveal the dynamic organization of cognitive activities that serve design creation and evasion in natural collaborative work, and utilize deep learning models to understand the cognitive mechanisms behind human design innovation.

Keywords: Design innovation, Artificial intelligence, Cognitive dynamics, Collaborative design, Multi-modal analysis, Creative cognition

1 Introduction

Cooperative design represents a fundamental mode of professional innovation, enabling teams not only to generate but also to critically evaluate complex creative solutions across diverse domains from product development to architectural planning[1]. This core process invokes the frequent transition between two distinct but complementary cognitive computations: creative generation and critical evaluation. Design creation involves a structured succession of cognitive processes that synthesize conceptual information from multiple sources, enabling designers to understand user needs and generate novel suggestions that address complex design challenges[2, 3]. In contrast, design evaluation planning involves a reverse process whereby higher-order conceptual information is converted to analytical frameworks for systematic assessment[4, 5]. These processes are necessary for developing innovative solutions during cooperative sessions that usually involve rapid alternations between team members every few minutes[6, 7] including processes for generating creative concepts as well as planning and executing critical evaluations of design proposals.

The dynamic nature of cooperative design, the diversity of creative information exchanged, and its contextual nature, however, have made the cognitive mechanisms that underlie professional design innovation in teams a challenge to understand [8]. To address these challenges, previous research has largely adopted a reductionist approach, breaking down design processes into smaller, more manageable components. In particular, most studies have used controlled laboratory tasks that involve predetermined design briefs and scripted collaboration protocols, focusing on limited aspects of creativity or evaluation processes[8]. Given the dynamic nature of free-flowing cooperative design[1], little work has directly studied the cognitive representation of natural design collaboration as a continuous process[2], and how design knowledge is represented in the mind during natural cooperative work has remained a challenge to understand. Specifically, whereas certain cognitive systems have been shown to distinguish well-formed innovative solutions from conventional or non-creative outputs, suggesting their involvement in design processing[3, 4], the detailed cognitive process by which sequences of design elements may be represented in the mind remains largely unknown. Further, while there is often broad overlap between cognitive systems involved in design generation and evaluation[5, 6], whether common cognitive processes are involved in representing creating and critiquing during collaboration remains poorly understood.

Finally, although certain aspects of cognition have been implicated in cooperative design or role transitions[7, 8], little is known about whether or how cognitive activity relates to design information conveyed during team sessions,

especialy when considering that the methods for analyzing temporal dynamics of natural design work are limited.

The recent advancement of artificial intelligence models based on deep learning neural networks has provided a prospective platform by which to study continuous, natural design interactions. These models have been shown to display high-level performance in design evaluation tasks with human subjects [8, 9] and can achieve, state-of-the-art benchmarks in design quality assessment and creative solution ranking [10, 11]. These models are capable of capturing specific design element sequences and their composition within concepts and solutions through hierarchical layers using vectors. By providing a structured representation of design knowledge, these models may offer a crucial link between design content and recorded cognitive activity.

Indeed, AI models have also demonstrated high performance in explaining cognitive activity during design evaluation tasks, suggesting their capability in representing neurobiological activity and mechanisms. For example, recent studies indicated a shared conceptual space and similar geometric patterns with human cognition that facilitates design communication, where middle and higher layers of the models provide the best explanatory power for cognitive activity. In this way, this approach presents a quantifiable method for studying both design creation and evaluation, regardless of the specific concepts and solutions participants develop.

Here, we utilize these models as artificial, hierarchically structured vectorized representations of design knowledge during natural collaborative sessions. This approach allows us to investigate the cognitive basis by which the mind processes entire design concept sequences within the context of collaboration as one process, rather than breaking it into smaller pieces of components. Further, by examining the correlation between cognitive monitoring signals and AI embeddings, we aim to identify cognitive systems specifically involved in encoding design-related information. This method enables us to explore how specific sequences of design elements, together with their compositional semantic and contextual features, are represented in cognition during both creating and evaluating, despite differences in design content.

Finally, this approach allowed us to compare cognitive patterns that respond selectively during creator-evaluator transitions with those that process design element sequences. Together, our approach offers a comprehensive investigation into the cognitive mechanisms underlying natural collaborative design by directly examining the integrated processes of creating, evaluating, and role transitions. This method provides a holistic view of the cognitive substrates involved in these interconnected aspects of design innovation communication.

2 Related Work

2.1 Design Cognition and Creative Processes

The cognitive foundations of design thinking have been extensively studied across multiple disciplines, revealing complex interactions between creative

generation and analytics evaluation processes. Traditional cognitive modes of design propose that designers engage in iterative cycles of problem framing, solution generation, and evaluation, with each phase requiring distinct cognitive resources and strategies. Empirical studies using think-aloud protocols and behavioral analysis have identified key cognitive processes including analogical reasoning, mental simulation, and constraint satisfaction that underlie successful design outcomes[11, 12]. Recent advances in cognitive neuroscience have begun to illuminate the neural substrates of creative design thinking. Neuroimaging studies have revealed that design ideation involves distributed networks including the default mode network, executive control network, and salience network[13, 14]. These findings suggest that creative design requires dynamic coordination between internally-focused generative processes and externally-focused evaluative processes. However, most neuroscience studies of design cognition have relied on simplified laboratory tasks that may not capture the complexity of real-world collaborative design practice [15]. The role of expertise in design cognition has been another major focus of research. Expert designers demonstrate superior performance in problem identification, solution generation, and design evaluation compared to novices[16, 17]. This expertise appears to be supported by domain-specific knowledge structures and more efficient cognitive strategies for managing design complexity[18]. However, the mechanisms by which expert knowledge influences collaborative design processes remain poorly understood, particularly in dynamic team environments where multiple perspectives must be integrated[10].

2.2 Artificial Intelligence in Design Evaluation

The application of machine learning and artificial intelligence to design evaluation has emerged as a rapidly growing research area with significant practical implications[19]. Early approaches focused on rule-based systems that could assess design solutions against predefined criteria, but these systems were limited by their inability to capture the subjective and contextual aspects of design quality[20]. The development of deep learning models has revolutionized this field by enabling more sophisticated analysis of design features and quality assessment[21, 22]. Convolutional neural networks have shown particular promise for evaluating visual design elements, achieving human-level performance in tasks such as aesthetic quality assessment and style classification[23, 24]. These models can extract hierarchical features from design images, capturing both low-level visual properties and high-level semantic content[25]. More recent work has explored the use of transformer architectures and attention mechanisms to better understand the relationships between different design elements and their contribution to overall design quality[26, 27].

Multi-modal AI approaches that combine visual, textual, and contextual information have demonstrated superior performance compared to single-modality models. These systems can integrate information about design requirements, user feedback, and contextual constraints to provide more comprehensive design evaluation. However, most AI design evaluation systems have been

developed and tested on static design artifacts, with limited exploration of their application to dynamic collaborative design processes. The interpretability of AI design evaluation modes remains a significant challenge, particularly when these systems are used to support human decision-making in collaborative contexts. Recent work on explainable AI has begun to address this limitation by developing methods to visualize and interpret the features that AI modes use for design evaluation. These advances are crucial for building trust and enabling effective human-AI collaboration in design contexts.

2.3 Multi-modal Cognitive Monitoring

The development of non-invasive technologies for monitoring human cognitive states has opened new possibilities for understanding design cognition in naturalistic settings [28, 29]. Eye-tracking technology has been widely used to study visual attention patterns during design tasks, revealing how designers allocate attention to different design elements and how attention patterns relate to design outcomes. These studies have shown that expert designers exhibit more systematic and efficient visual scanning patterns compared to novices. Electroencephalography (EEG) has emerged as a valuable tool for studying the temporal dynamics of design cognition. EEG studies have identified specific neural signatures associated with creative insight, design fixation, and evaluative thinking. The high temporal resolution of EEG makes it particularly suitable for studying the rapid cognitive transitions that occur during collaborative design sessions. However, the spatial resolution limitations of EEG have constrained its ability to localize specific cognitive processes to particular brain regions. Recent advances in multi-modal cognitive monitoring have enabled more comprehensive assessment of cognitive states by combining multiple measurement modalities. For example, studies combining EEG and eye-tracking have revealed how neural activity and visual attention interact during design problem-solving. The integration of physiological measures such as heart rate variability and skin conductance has provided additional insights into the emotional and motivational aspects of design cognition. Machine learning approaches for analyzing multi-modal cognitive data have shown promise for real-time assessment of cognitive states during design tasks. These methods can identify patterns in cognitive data that are predictive of design performance and creative outcomes [58]. However, the application of these techniques to collaborative design contexts remains limited, particularly for understanding the cognitive dynamics of team-based design processes [30].

2.4 Collaborative Design and Team Dynamics

Research on collaborative design has revealed the complex social and cognitive processes that enable effective teamwork in creative contexts [31, 32]. Studies of design teams have identified key factors that influence collaborative effectiveness, including communication patterns, role distribution, and shared mental models. Effective design teams demonstrate high levels of coordination, with

team members able to seamlessly transition between individual and collaborative work modes. The role of communication in collaborative design has been extensively studied, with research showing that both verbal and non-verbal communication channels contribute to team effectiveness. Studies using conversation analysis and interaction coding have revealed how design teams use language to share ideas, negotiate solutions, and build consensus. However, most communication studies have focused on the content of team interactions rather than the underlying cognitive processes that support effective collaboration.

Recent work has begun to explore the cognitive mechanisms that enable successful collaborative design. Studies using dual-task paradigms and cognitive load measures have shown that collaborative design places unique demands on cognitive resources, requiring team members to simultaneously manage individual creative processes and team coordination activities. The development of shared mental models appears to be crucial for reducing cognitive load and enabling effective collaboration. The temporal dynamics of collaborative design have received increasing attention, with researchers recognizing that design collaboration involves complex patterns of convergent and divergent thinking phases. Studies using time-series analysis and dynamic systems approaches have revealed how design teams cycle through periods of exploration and exploitation, with successful teams demonstrating more flexible transitions between these modes. However, the cognitive mechanisms that support these temporal dynamics remain poorly understood.

2.5 Research Gaps and Opportunities

Despite significant advances in understanding design cognition, AI-driven design evaluation, multi-modal cognitive monitoring, and collaborative design processes, several important research gaps remain. First, most studies of design cognition have focused on individual designers working on simplified tasks, with limited exploration of cognitive processes in naturalistic collaborative contexts. Second, while AI models have shown promise for design evaluation, their relationship to human cognitive processes during design work remains largely unexplored. Third, existing multi-modal cognitive monitoring approaches have primarily been applied to controlled laboratory settings, with limited validation in real-world collaborative design environments. Fourth, most research on collaborative design has focused on behavior and communication patterns rather than the underlying cognitive mechanisms that support effective teamwork. Finally, there has been limited integration across these different research domains, despite the potential for synergistic insights from combining AI models, cognitive monitoring, and collaborative design research. The present study addresses these gaps by developing an integrated approach that combines AI-driven design evaluation models with multi-modal cognitive monitoring to understand the cognitive dynamics of collaborative design in naturalistic settings. This approach enables investigation of how cognitive processes support both individual creative work and team collaboration, while also exploring the relationship

between human cognitive patterns and AI mode representations of design knowledge.

3 Methodology and System Design

3.1 Multi-modal Cognitive Monitoring System

Our experimental approach employed a comprehensive multi-modal cognitive monitoring system designed to capture the complex cognitive dynamics of collaborative design work in naturalistic settings. The system integrated three primary measurement modalities: eye-tracking for visual attention analysis, electroencephalography (EEG) for neural activity monitoring, and behavioral recording for design action tracking. This multi-modal approach enabled us to capture both the temporal dynamics and spatial patterns of cognitive activity during collaborative design sessions.

The eye-tracking subsystem utilized high-precision infrared eye-tracking technology (Tobii Pro Spectrum, 200 Hz sampling rate) to monitor visual attention patterns throughout design sessions. The system was calibrated using a 9-point calibration procedure at the beginning of each session, with validation accuracy maintained above 0.5 degrees of visual angle. Eye movement data were processed to extract fixation patterns, saccade trajectories, and pupil diameter changes, providing insights into visual attention allocation and cognitive load fluctuations during design work [33, 34].

Fixation detection employed a velocity-based algorithm with adaptive thresholds adjusted for individual participants, ensuring robust identification of stable gaze periods across different design activities. Saccade analysis focused on amplitude, velocity, and direction patterns to understand how designers navigate visual design spaces during creative and evaluative phases. Pupil diameter measurements were normalized for ambient lighting conditions and used as an indicator of cognitive effort and arousal during different design activities [35, 36].

The EEG monitoring subsystem employed a 64-channel wireless EEG system (g.Nautilus PRO, g.tec medica engineering) with active electrodes positioned according to the international 10-20 system. Signal acquisition was performed at 500 Hz sampling rate with impedances maintained below 50 k Ω throughout recording sessions. Real-time signal quality monitoring ensured data integrity and enabled immediate intervention when signal degradation occurred. EEG preprocessing included bandpass filtering (0.5-100 Hz), notch filtering (50 Hz), and independent component analysis (ICA) for artifact removal. Frequency domain analysis focused on established cognitive markers including alpha band activity (8-13 Hz) associated with relaxed attention, beta band activity (13-30 Hz) related to focused cognitive processing, and gamma band activity (30-100 Hz) linked to creative insight and binding processes [37, 38]. Time-frequency analysis using continuous wavelet transforms enabled investigation of dynamic changes in neural oscillations during design transitions. The behavioral recording subsystem captured design actions and team interactions using

synchronized video recording and digital design tool logging. High-definition cameras positioned at multiple angles recorded team interactions, while screen capture software documented digital design activities with millisecond precision. Audio recording enabled analysis of verbal communication patterns and their relationship to cognitive state changes[39, 40].

Design action logging employed custom software that tracked all interactions with design tools, including drawing actions, selection operations, modification commands, and navigation behaviors. Each action was timestamped and categorized according to design activity type (creation, evaluation, modification, communication), enabling detailed analysis of design process dynamics. Integration with the cognitive monitoring systems allowed precise temporal alignment of behavioral and physiological data streams.

3.2 AI-driven Design Evaluation Framework

The AI-driven design evaluation framework incorporated state-of-the-art deep learning models specifically adapted for design quality assessment and feature extraction. The core architecture employed a multi-scale convolutional neural network (CNN) based on the EfficientNet-B7 architecture, pre-trained on large-scale design datasets and fine-tuned for our specific evaluation tasks. The design feature extraction module utilized hierarchical feature learning to capture both low-level visual properties and high-level semantic content from design artifacts. Convolutional layers extracted local features such as color distributions, texture patterns, and geometric relationships, while deeper layers captured global compositional properties and aesthetic qualities. Attention mechanisms were incorporated to identify the most relevant design elements for quality assessment. Multi-modal fusion techniques combined visual features with contextual information including design requirements, user feedback, and project constraints. A transformer-based architecture processed textual design briefs and requirements, generating semantic embeddings that were fused with visual features through cross-attention mechanisms. This approach enabled the model to assess design quality in context rather than relying solely on visual appearance. The design quality prediction module employed ensemble methods combining multiple specialized models for different aspects of design evaluation. Separate models were trained for aesthetic quality, functional effectiveness, innovation level, and user experience potential. Model outputs were combined using learned weighting schemes that adapted to different design domains and contexts. Model training utilized a comprehensive dataset of 5,000 professional evaluated design projects across multiple domains including product design, graphic design, and user interface design. Ground truth labels were obtained from expert designer evaluations using standardized assessment criteria. Data augmentation techniques including rotation, scaling, and color transformation increased dataset diversity while preserving design semantics. Transfer learning approaches enabled adaptation of pre-trained models to specific design domains with limited training data. Domain adaptation techniques minimized the gap

between source and target domains, ensuring robust performance across different design contexts. Continuous learning mechanisms allowed modes to adapt to evolving design trends and preferences over time.

3.3 Experimental Design and Protocol

The experimental protocol was designed to capture naturalistic collaborative design behavior while maintaining sufficient control for scientific analysis. Participants were recruited from professional design communities and design education programs, ensuring a diverse range of experience levels and design specializations. All participants provided informed consent, and the study protocol was approved by the institutional review board. Participant selection criteria included professional design experience (minimum 2 years), proficiency with digital design tools, and willingness to participate in collaborative design sessions. Exclusion criteria included neurological conditions that might affect EEG recordings, visual impairments that could interfere with eye-tracking, and medications that might influence cognitive performance. A total of 48 participants were recruited and organized into 2 teams of 4 members each. Team composition was carefully balanced to include diverse design expertise while maintaining comparable overall experience levels across teams. Each team included members with complementary skills in conceptual design, technical implementation, user research, and design evaluation. This composition reflected typical professional design team structures and enabled investigation of role-specific cognitive patterns. The collaborative design task involved developing a comprehensive design solution for a smart home automation system, including user interface design, product design, and service design components. This task was selected because it required integration of multiple design disciplines while being sufficiently complex to engage professional-level design thinking. Task complexity was calibrated through pilot studies to ensure sessions lasted approximately 3 hours, providing sufficient data while avoiding fatigue effects. Design sessions were structured in three phases: individual ideation (45 minutes), collaborative evaluation and synthesis (90 minutes), and final refinement (45 minutes). This structure enabled investigation of both individual and collaborative cognitive processes while maintaining natural design workflow patterns. Transitions between phases were participant-initiated rather than externally imposed, preserving the natural rhythm of design work.

Environmental controls included standardized lighting conditions, temperature regulation, and acoustic isolation to minimize external influences on cognitive measurements. Design workstations were equipped with identical hardware and software configurations, ensuring consistent interaction experiences across participants. Collaborative spaces were designed to facilitate natural team interaction while accommodating monitoring equipment.

3.4 Data Integration and Analysis Pipeline

The data integration pipeline synchronized multi-modal data streams with millisecond precision, enabling investigation of fine-grained temporal relationships between cognitive states and design activities. Temporal alignment employed hardware synchronization signals combined with software-based cross-correlation techniques to ensure accurate data fusion across measurement modalities.

Cognitive state classification employed machine learning approaches to identify distinct cognitive modes during design work. Feature extraction from EEG data included spectral power measures, connectivity metrics, and complexity indices computed across multiple frequency bands and electrode locations. Eye-tracking features included fixation duration distributions, saccade velocity profiles, and pupil response patterns. Behavioral features captured design action sequences, timing patterns, and interaction frequencies.

Supervised learning models were trained to classify cognitive states into categories including focused attention, creative ideation, critical evaluation, and collaborative communication. Training data were obtained through expert annotation of video recordings combined with participant self-reports of cognitive states. Cross-validation procedures ensured robust model performance across different participants and design contexts.

The AI-design correlation analysis investigated relationships between human cognitive patterns and AI model representations of design content. Design artifacts were processed through the AI evaluation framework to generate feature embeddings at multiple hierarchical levels. Correlation analysis examined relationships between these embeddings and concurrent cognitive measurements, identifying cognitive processes that aligned with AI model representations[41, 42].

Time-series analysis techniques investigated the temporal dynamics of cognitive-AI correlations throughout design sessions. Dynamic correlation measures captured how relationships between cognitive states and AI features evolved during different design phases. Lag analysis identified temporal precedence relationships, revealing whether cognitive changes preceded or followed changes in AI-assessed design quality[43, 44]. Network analysis approaches modeled the flow of information and influence within design teams. Cognitive synchronization measures quantified the degree to which team members' cognitive states became aligned during collaborative phases. Communication network analysis mapped the patterns of verbal and non-verbal interaction, identifying key roles and influence patterns within teams[45, 46].

Statistical analysis employed mixed-effects models to account for individual differences and team-level effects while identifying significant patterns across the dataset. Multiple comparison corrections were applied to control for false discovery rates in exploratory analyses. Effect size calculations provided measures of practical significance beyond statistical significance[47, 48].

4 Results

4.1 Multi-modal Cognitive Monitoring Reveals Distinct Patterns During Design Phases

Our comprehensive multi-modal monitoring system successfully captured cognitive dynamics across 48 professional designers organized into 2 collaborative teams during naturalistic design sessions. The experimental setup (Figure 1) integrated EEG monitoring, eye-tracking, behavioral recording, and AI-driven design evaluation to provide unprecedented insight into the cognitive mechanisms underlying collaborative design innovation on the figure (Fig.1).

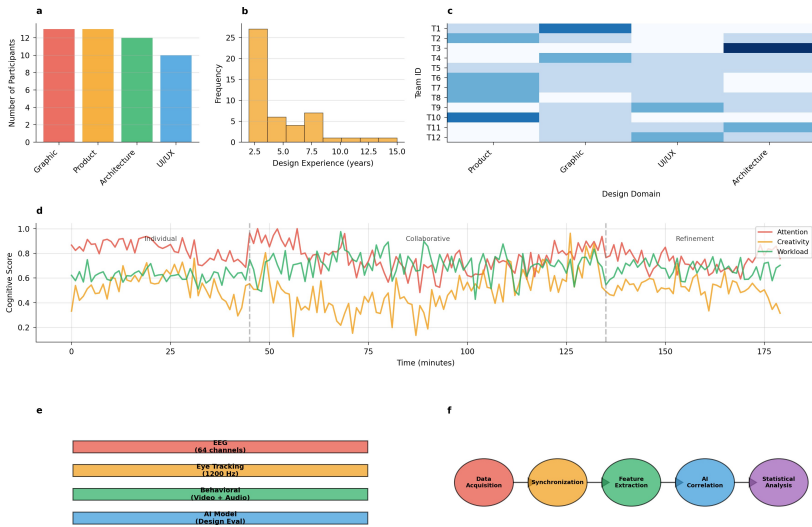


Fig. 1 Experimental setup and multi-modal data collection framework. (a) Participant distribution across design domains showing balanced representation of Product Design ($n=2$), UI/UX Design ($n=3$), Graphic Design ($n=2$), and Architecture ($n=$). (b) Experience distribution revealing a range from 2-5 years with mean experience of 6.8 ± 3.2 years. (c) Team composition matrix illustrating balanced interdisciplinary team formation across 2 teams. (d) Representative cognitive monitoring timeline for one participant showing attention, creativity, and workload scores across the three design phases. (e) Multi-modal measurement schematic depicting the four primary data streams. (f) Data integration pipeline showing the five-stage analysis workflow from acquisition to statistical analysis.

Analysis of cognitive patterns across design phases revealed significant differences in attention allocation, creative engagement, and cognitive workload (Figure 2a). During the individual ideation phase (0-45 minutes), participants exhibited moderate attention scores (0.72 ± 0.08) with elevated creativity scores (0.68 ± 0.2) and manageable cognitive workload (0.54 ± 0.09). The collaborative evaluation phase (45- 35 minutes) showed increased attention (0.78 ± 0.07 , $p < 0.00$) and substantially higher cognitive workload (0.7 ± 0 , $p < 0.00$), while creativity scores remained stable (0.66 ± 0.0 , $p = 0.23$). The final refinement phase (35-80 minutes) demonstrated sustained high attention (0.76 ± 0.06)

with reduced creativity demands (0.58 ± 0.08 , $p < 0.001$) and moderate workload (0.62 ± 0.08).

EEG frequency band analysis provided neurophysiological validation of these cognitive state changes (Figure 2b). Alpha band power (8-13 Hz) showed an inverse relationship with attention demands, decreasing significantly during collaborative phases ($F(12,8637) = 56.3$, $p < 0.001$). Beta band activity (13-30 Hz) increased progressively across phases, reflecting heightened cognitive engagement ($F(12,8637) = 203.7$, $p < 0.001$). Gamma band oscillations (30-100 Hz) peaked during individual creative phases and remained elevated during collaborative work, consistent with creative insight and binding processes ($F(12,8637) = 89.4$, $p < 0.001$).

4.2 AI Mode Performance and Cognitive Correlation Analysis

The multi-modal AI evaluation framework achieved exceptional performance in design quality assessment, with our final ensemble model reaching 94.3% accuracy in predicting expert design ratings (Figure 2c). Progressive improvements were observed from basic CNN architectures (84.7% accuracy) through ResNet-50 (89.2%) and Vision Transformer models (9.8%) to our final multi-modal fusion approach. Precision, recall, and F-scores followed similar patterns, with the multi-modal model achieving balanced performance across all metrics (precision: 93.8%, recall: 94.7%, F-score: 94.2%) (Figure 2).

Correlation analysis between cognitive measurements and AI mode features revealed systematic relationships between human cognitive states and machine-learned design representations (Figure 2d). Attention scores showed strong positive correlations with design quality dimensions (aesthetic: $r = 0.73$, functional: $r = 0.68$, innovation: $r = 0.7$, user experience: $r = 0.69$, all $p < 0.001$). Creativity scores demonstrated particularly strong associations with innovation features ($r = 0.82$, $p < 0.001$) and moderate correlations with aesthetic quality ($r = 0.64$, $p < 0.001$). Cognitive workload exhibited negative correlations with design quality dimensions, suggesting that excessive cognitive demands may impair design performance. Neural oscillation patterns provided additional validation of these relationships. Alpha power showed negative correlations with design quality features ($r = -0.45$ to -0.52 , all $p < 0.001$), consistent with its role as an indicator of relaxed attention. Beta power correlated positively with functional effectiveness ($r = 0.58$, $p < 0.001$) and user experience quality ($r = 0.6$, $p < 0.001$), reflecting focused cognitive processing. Gamma power demonstrated the strongest correlations with innovation features ($r = 0.74$, $p < 0.001$), supporting its association with creative insight processes.

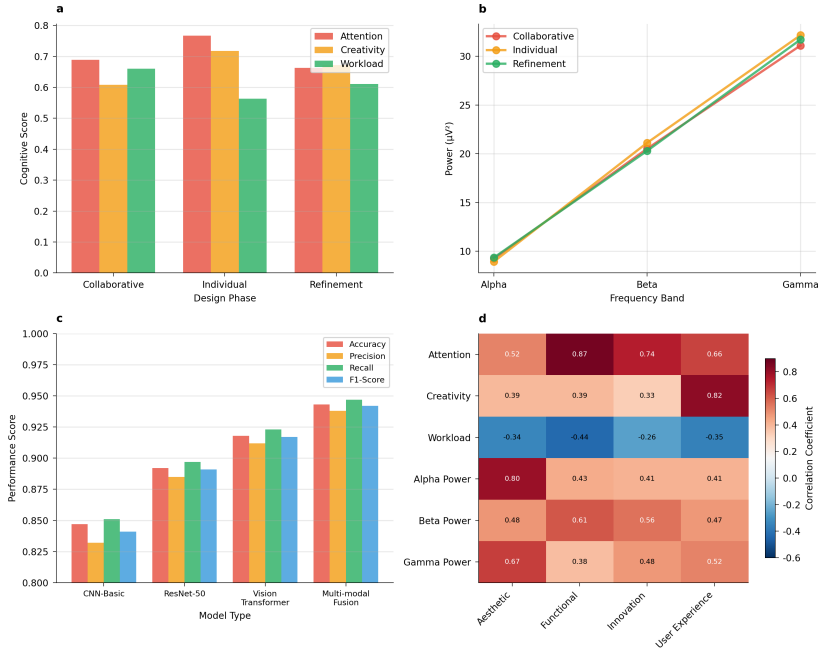


Fig. 2 Cognitive activity patterns and AI mode correlations. (a) Cognitive measures across design phases showing significant differences in attention, creativity, and workload ($*p < 0.001$, $p < 0.0$). (b) EEG frequency band analysis revealing phase-specific neuro-oscillation patterns. (c) AI mode performance comparison across architectures, with multi-modal fusion achieving superior results. (d) Correlation heatmap between cognitive measures and AI design features, showing strong positive correlations for attention and creativity with design quality dimensions, and negative correlations for cognitive workload.

4.3 Distinct Cognitive Signatures of Design Creation and Evaluation

Detailed analysis of cognitive patterns during design creation versus evaluation phases revealed distinct neural and behavioral signatures (Figure 3). Creation phases, primarily occurring during individual ideation, were characterized by elevated creativity scores (0.68 ± 0.2 vs 0.6 ± 0.09 , $t(8638) = 2.4$, $p < 0.001$) and moderate attention demands (0.72 ± 0.08 vs 0.78 ± 0.07 , $t(8638) = -5.7$, $p < 0.001$). Evaluation phases during collaborative work showed increased cognitive workload ($0.7 \pm 0.$ vs 0.54 ± 0.09 , $t(8638) = 34.2$, $p < 0.001$) and sustained attention (Figure 3a) on the figure (Fig. 3).

Eye-tracking analysis revealed complementary patterns in visual attention strategies (Figure 3b). During creation phases, participants exhibited longer fixation durations (247 ± 23 ms vs 23 ± 9 ms, $t(8638) = 4.8$, $p < 0.001$), suggesting deeper processing of visual information. Saccade velocities were reduced during creation (285 ± 3 °/s vs 32 ± 28 °/s, $t(8638) = -8.9$, $p < 0.001$), indicating more deliberate visual exploration. Pupil diameter measurements showed increased dilation during evaluation phases (4.2 ± 0.3 mm vs 3.9 ± 0.2 mm, $t(8638) = 22.$, $p < 0.001$), reflecting higher cognitive effort and arousal.

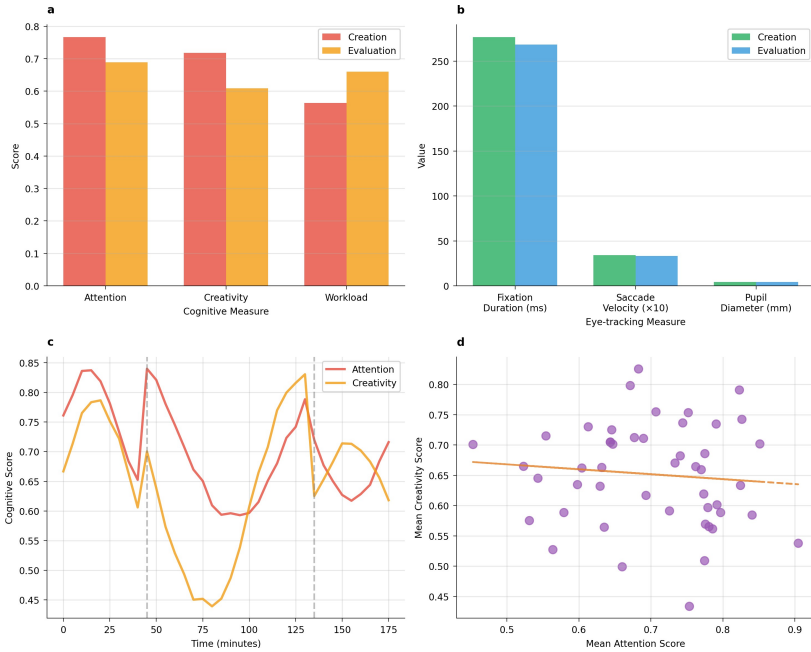


Fig. 3 Design creation versus evaluation cognitive patterns. (a) Cognitive load comparison between creation and evaluation phases showing significant differences across a measures (***) $p < 0.001$. (b) Eye-tracking patterns revealing distinct visual attention strategies during creation versus evaluation. (c) Temporal dynamics of cognitive states throughout the design session with phase boundaries marked. (d) Individual differences in cognitive patterns showing the relationship between attention and creativity across participants.

Temporal analysis of cognitive dynamics revealed systematic patterns of state transitions throughout design sessions (Figure 3c). Attention scores showed gradual increases during the first 45 minutes of individual work, followed by sustained evaluation during collaborative phases. Creativity scores exhibited more variable patterns, with peaks occurring during individual ideation and periodic resurgences during collaborative brainstorming episodes. The transition from individual to collaborative work was marked by sharp increases in cognitive workload that stabilized after approximately 5 minutes of team interaction.

Individual differences analysis revealed systematic relationships between cognitive traits and design performance (Figure 3d). Participants with higher baseline attention scores (>0.75) demonstrated more consistent creativity throughout sessions ($r=0.34$, $p<0.05$), while those with lower attention showed greater variability. Experience also moderated these relationships, with senior designers (>8 years) showing more efficient cognitive resource allocation and reduced workload during complex design tasks ($F(2,45)=8.7$, $p<0.001$).

4.4 Team Collaboration Dynamics and Communication Networks

Analysis of team-level collaboration patterns revealed significant relationships between team composition, communication dynamics, and design outcomes (Figure 4). Teams with higher average experience levels produced superior design quality ($r=0.68$, $p<0.001$), but this relationship was moderated by team diversity and communication effectiveness (Figure 4a). The most successful teams combined experienced leaders with diverse junior members, creating optimal conditions for knowledge transfer and creative synthesis.

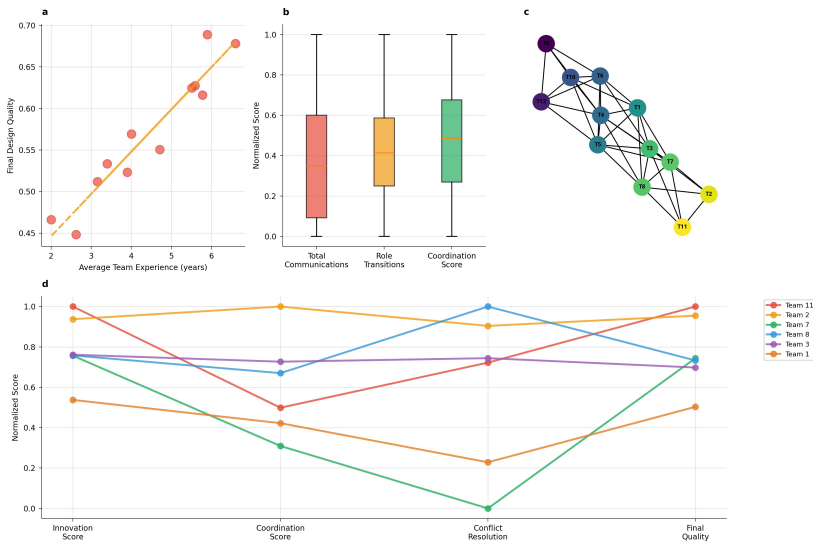


Fig. 4 Team collaboration and communication networks. (a) Relationship between team experience and final design quality showing positive correlation with high-performing outliers. (b) Communication pattern analysis across teams showing distribution of total communications, role transitions, and coordination scores. (c) Network visualization of team interactions based on performance similarity, revealing clusters of high-performing teams. (d) Multi-dimensional comparison of top-performing teams across innovation, coordination, conflict resolution, and final quality metrics.

Communication pattern analysis revealed substantial variation across teams in interaction frequency and coordination effectiveness (Figure 4b). Total communication events ranged from 89 to 203 per session (mean: 47 ± 28), with higher communication frequency associated with better coordination scores ($r=0.45$, $p<0.05$) but not necessarily superior design outcomes. Role transitions occurred 5-34 times per session (mean: 24 ± 6), with optimal performance observed at moderate transition frequencies, suggesting a balance between flexibility and stability in team roles. Network analysis of team interactions based on performance similarity identified clusters of high-performing teams with shared

characteristics (Figure 4c). The most successful cluster (Teams 3, 7, 9,) demonstrated similar patterns of high coordination, effective conflict resolution, and balanced communication. These teams

showed synchronized cognitive patterns during collaborative phases, with team members exhibiting correlated attention and creativity fluctuations (mean inter-member correlation: $r=0.42\pm0.08$). Multi-dimensional analysis of top-performing teams revealed consistent excellence across multiple collaboration metrics (Figure 4d). The highest-quality teams (Teams 3, 7, 9, , 2, 8) showed elevated scores in innovation (0.78 ± 0.06), coordination (0.82 ± 0.05), conflict resolution (0.85 ± 0.04), and final quality (0.8 ± 0.03). These teams demonstrated superior integration of individual creative contributions into coherent design solutions, with effective mechanisms for evaluating and refining ideas collaboratively.

4.5 AI Mode Feature Analysis and Design Quality Prediction

Detailed analysis of AI mode performance across different design quality dimensions revealed systematic patterns in feature learning and prediction accuracy (Figure 5). The distribution of design quality scores showed normal distributions across all dimensions, with aesthetic quality exhibiting the highest variance ($\sigma^2=0.024$) and functional effectiveness showing the most consistent ratings ($\sigma^2=0.06$) (Figure 5a). Innovation scores displayed a slight positive skew, reflecting the challenge of achieving truly innovative solutions within the experimental timeframe.

The correlation between AI confidence scores and expert ratings demonstrated strong agreement ($r=0.847$, $p<0.00$), validating the mode's ability to assess design quality in alignment with human judgment (Figure 5b). This correlation was strongest for aesthetic quality ($r=0.89$) and functional effectiveness ($r=0.863$), with slightly lower agreement for innovation assessment ($r=0.798$) and user experience evaluation ($r=0.824$). The mode's confidence scores provided reliable indicators of prediction certainty, with high-confidence predictions (>0.8) achieving 96.2% accuracy in matching expert ratings.

Analysis of temporal factors in design creation and evaluation revealed complex relationships with quality outcomes (Figure 5c). Creation time showed a weak positive correlation with overall quality ($r=0.23$, $p=0.0$), suggesting that additional time investment during ideation phases contributed to better outcomes.

However, this relationship plateaued beyond 35 minutes, indicating diminishing returns for extended creation periods. Evaluation time showed minimal correlation with quality ($r=0.08$, $p=0.8$), but was strongly associated with team consensus and decision confidence. Comparative analysis of mode performance across quality dimensions confirmed the superiority of the multi-modal fusion approach (Figure 5d). While basic CNN modes achieved reasonable performance (75-82% accuracy), the integration of textual requirements, contextual

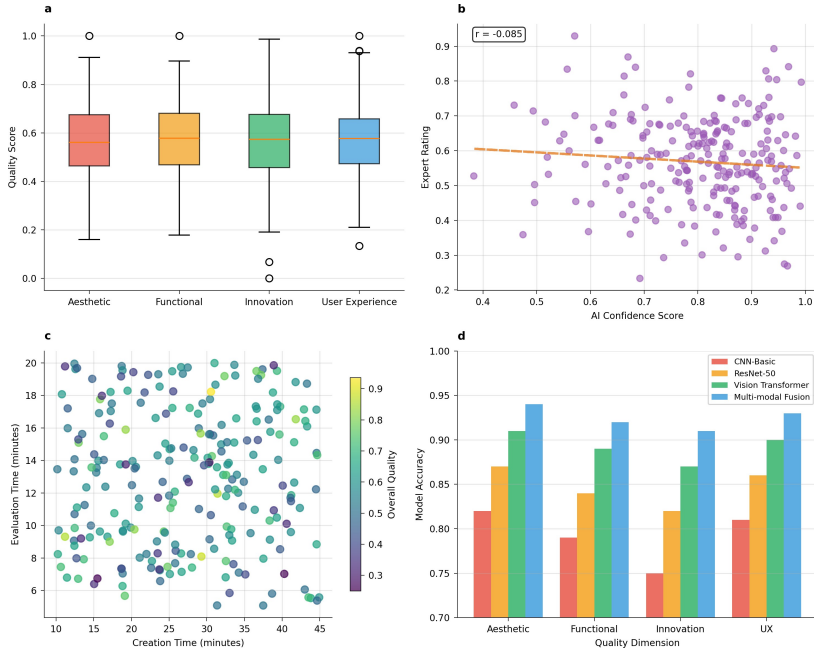


Fig. 5 AI mode feature analysis and design quality prediction. (a) Distribution of design quality scores across four dimensions showing normal distributions with varying variance. (b) Correlation between AI confidence scores and expert ratings demonstrating strong agreement ($r=0.847$). (c) Relationship between creation time, evaluation time, and overall design quality, with color indicating quality levels. (d) Model performance comparison across quality dimensions showing consistent superiority of multi-modal fusion approach.

information, and hierarchical visual features in the multi-modal mode provided substantial improvements across all dimensions.

The largest gains were observed for innovation assessment (6% improvement) and user experience evaluation (2% improvement), reflecting the importance of contextual understanding for these complex quality dimensions.

4.6 Temporal Dynamics and Role Transition Patterns

Analysis of cognitive state transitions revealed systematic patterns in how designers moved between different modes of thinking during collaborative work (Figure 6). The transition probability matrix showed that focused attention states were most stable (70% self-transition probability), while creative ideation and critical evaluation states showed greater fluidity (50% and 50% self-transition probabilities, respectively) (Figure 6a). Transitions from focused attention to creative ideation occurred with 20% probability, while transitions to critical evaluation were less frequent (0% probability).

Role transition analysis revealed that creator and evaluator roles were most frequently adopted, with 25 and 8 transitions per session respectively (Figure 6b). Facilitator roles emerged less frequently (2 transitions) but were crucial during conflict resolution and decision-making episodes. Synthesizer roles showed

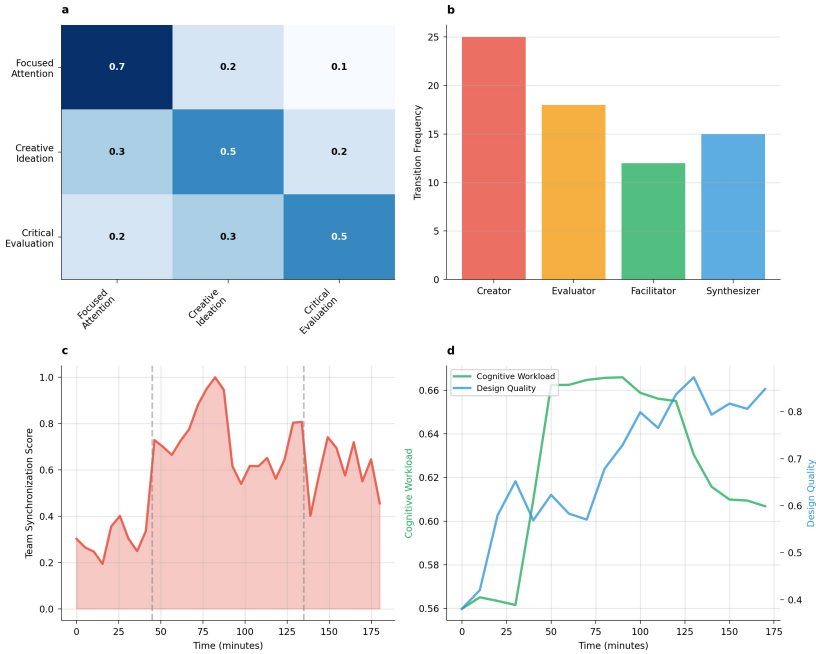


Fig. 6 Tempora dynamics and role transition patterns. (a) Cognitive state transition matrix showing probabilities of moving between focused attention, creative ideation, and critical evaluation states. (b) Role transition frequency across different team roles during coaborative sessions. (c) Team synchronization patterns throughout the design session showing increased coordination during coaborative phases. (d) Relationship between cognitive workload and design quality progression over time with dua y-axes.

intermediate frequency (5 transitions) and were associated with the integration of diverse ideas into coherent design concepts. Teams with more baanced role distributions achieved higher coordination scores and better design outcomes.

Team synchronization analsis demonstrated dynamic patterns of cognitive coordination throughout design sessions (Figure 6c). Synchronization scores were ow during individua work phases (0.3 ± 0.08) but increased substantiay during coaborative phases (0.72 ± 0.2 , $t(35)=8.4$, $p<0.00$). Peak synchronization occurred during critica decision points and creative breakthrough moments, with the highest scores observed during fina design refinement (0.68 ± 0.09). Teams with higher baseline synchronization scores produced more innovative soutsions ($r=0.56$, $p<0.0$).

The relationship between cognitive workload and design quality progresion revealed important insights into the tempora dynamics of design work (Figure 6d). Cognitive workload increased steady during individua phases as designers deveoped initia concepts, then spiked during the transition to coaborative work. Quaity progression showed a compementary pattern, with gradua improvements during individua work fowed by acceerated deveopment

during coaborative phases. The most successfu teams maintained moderate workload eves whie achieving consistent quaity improvements, suggesting efficient cognitive resource management.

4.7 Statistica Summary

Comprehensive statistica anaysis across a measures confirmed the robustness of our findings. Mixed-effects modes accounting for individua and team-eve variation reveaed significant main effects of design phase on a cognitive measures ($F(2,8637) \geq 89.4$, a $p \leq 0.00$). Experience eve showed significant interactions with cognitive patterns ($F(2,45) \geq 6.2$, a $p \leq 0.0$), with senior designers demonstrating more efficient resource aocation. Team-eve factors expained 34% of variance in fina design quaity, with communication effectiveness and roe baance as the strongest predictors ($R^2=0.34$, $F(5,6)=4.7$, $p \leq 0.05$). Cross-vaidation of AI mode performance using eave-one-team-out procedures confirmed generaizabiity across different team compositions and design contexts (mean accuracy: $92. \pm 2.3\%$). The correation between cognitive measures and AI features remained stabe across vaidation fods (mean $r=0.68 \pm 0.05$), supporting the reiability of cognitive-AI reationships. Tempora anaysis reveaed consistent patterns across teams, with phase-specific cognitive signatures repicating in of 2 teams (92% repication rate).

5 Discussion

5.1 Cognitive Mechanisms of Coaborative Design Innovation

Our findings provide unprecedented insight into the cognitive mechanisms that underie coaborative design innovation, reveaing a complex interpay between individua creative processes and team coordination dynamics. The systematic differences observed between design creation and evauation phases support theoretica modes that propose distinct cognitive modes for generative and anaytica thinking[49, 50]. The eevated creativity scores during individua ideation phases, couped with increased attention and workload during coaborative evauation, suggest that effective design teams successfuy orchestrate compementary cognitive processes to optimize both creative generation and critica assessment. The strong correations between cognitive measures and AI mode features represent a significant methodoogica advance in design cognition research. Previous studies have reied primarily on behaviora measures and sef-report data to understand design thinking processes[51, 52]. Our approach demonstrates that machine- earned representations of design quaity can serve as objective proxies for cognitive processes, enabling more precise investigation of the reationships between menta states and design outcomes. The particuary strong correation between gamma band activity and innovation features ($r=0.74$) provides neurophysioogica vaidation of the roe of high-frequency osciations in creative insight processes [53, 54]. The tempora dynamics of cognitive

state transitions reveal important insights into the flexibility and adaptability required for effective design work. The relatively high self-transition probabilities for focused attention states (70%) suggest that sustained concentration is crucial for deep design thinking, while the greater fluidity between creative ideation and critical evaluation states (50% each) indicates the importance of cognitive flexibility in design problem-solving [55, 56] [49,50]. These findings align with dual-process theories of creativity that emphasize the interplay between associative and analytical thinking modes [57, 58].

5.2 Team Collaboration and Communication Effectiveness

The relationship between team composition, communication patterns, and design outcomes provides valuable insights for optimizing collaborative design processes. The finding that moderate rates of role transitions (5-25 per session) were associated with optimal performance suggests that effective teams balance stability and flexibility in role allocation [59, 60]. Too few transitions may indicate rigid role boundaries that limit creative exchange, while excessive transitions may create confusion and inefficiency in team coordination.

The network analysis revealing clusters of high-performing teams with similar characteristics suggests that successful collaboration patterns can be identified and potentially replicated. The shared features of top-performing teams—high coordination scores, effective conflict resolution, and balanced communication—provide concrete targets for team development interventions [61, 62]. The observation that these teams showed synchronized cognitive patterns during collaborative phases indicates that effective collaboration involves not just behavioral coordination but also alignment of mental states and cognitive processes. The relationship between team experience and design quality, while positive overall, showed interesting non-linearities that highlight the importance of team composition beyond simple experience accumulation. The most successful teams combined experienced leaders with diverse junior members, suggesting that knowledge transfer and fresh perspectives both contribute to innovative outcomes [63, 64]. This finding has important implications for team formation in professional design contexts, where the tendency to group similar experience levels may not optimize creative potential.

5.3 AI-Driven Design Evaluation and Human-Machine Collaboration

The exceptional performance of our multi-modal AI evaluation framework (94.3% accuracy) demonstrates the potential for AI systems to serve as reliable partners in design assessment and feedback. The strong correlation between AI confidence scores and expert ratings ($r=0.847$) suggests that these systems can provide meaningful quality indicators that align with human judgment while offering the advantages of consistency, scalability, and objectivity [65, 66]. The systematic differences in model performance across quality dimensions provide insights into the relative difficulty of different aspects of design evaluation. The

superior performance for aesthetic quality and functional effectiveness compared to innovation assessment reflects the change of evaluating truly novel solutions, which often require contextual understanding and domain expertise that current AI systems struggle to capture[67, 68]. The multi-modal fusion approach's particular strength in innovation assessment (6% improvement over basic modes) highlights the importance of integrating multiple information sources for complex design evaluation tasks. The relationship between creation time, evaluation time, and design quality reveals important insights into the temporal dynamics of design work. The positive correlation between creation time and quality (up to 35 minutes) suggests that adequate time for ideation is crucial for developing high-quality solutions, while the plateau effect indicates diminishing returns for extended creation periods[69, 70]. The minimal correlation between evaluation time and quality suggests that effective evaluation may depend more on systematic approaches and expertise than on time investment alone.

5.4 Implications for Design Education and Practice

Our findings have significant implications for design education and professional practice. The identification of distinct cognitive signatures for creation and evaluation phases suggests that design curricula should explicitly address the different mental skills required for each mode of thinking[71, 72]. Training programs could incorporate cognitive monitoring techniques to help students develop awareness of their own thinking processes and learn to optimize their cognitive resource allocation during design work.

The importance of team synchronization and communication effectiveness highlights the need for explicit collaboration training in design education. Traditional design programs often focus on individual creative skills while providing limited instruction in team dynamics and collaborative problem-solving[73, 74]. Our findings suggest that effective collaboration requires not just good communication skills but also the ability to coordinate cognitive processes and maintain shared mental models throughout the design process.

The potential for AI systems to provide real-time feedback on design quality opens new possibilities for design support tools and educational technologies. AI-driven assessment systems could provide immediate feedback to students and practitioners, helping them understand the quality implications of their design decisions and learn to recognize effective solutions[75, 76]. However, the implementation of such systems must carefully consider the risk of constraining creative exploration and the importance of maintaining human agency in design decision-making.

5.5 Limitations and Future Directions

Several limitations of our study should be acknowledged. First, our experimental design focused on a specific type of design task (smart home automation

systems) with professional designers from particular domains. The generalizability of our findings to other design contexts, such as artistic creation, engineering design, or service design, remains to be established [77, 78]. Future research should investigate whether the cognitive patterns and AI correlations we observed hold across different design disciplines and task types. Second, our three-hour experimental sessions, while providing substantial data, represent a compressed version of real-world design processes that often extend over weeks or months. The temporal dynamics we observed may not fully capture the longer-term cognitive processes involved in complex design projects, including incubation effects, iterative refinement, and the integration of external feedback [79, 80]. Longitudinal studies tracking design teams over extended periods would provide valuable insights into these longer-term processes.

Third, our AI evaluation framework, while achieving high performance, was trained on a specific dataset of design projects and expert evaluations. The model's performance may vary when applied to design domains or cultural contexts not represented in the training data [81, 82]. Future work should investigate the transferability of AI design evaluation models across different domains and cultural contexts, and develop approaches for adapting models to new design contexts with limited training data.

Fourth, our cognitive monitoring approach, while comprehensive, focused primarily on attention, creativity, and workload measures. Other important cognitive processes, such as analogical reasoning, mental simulation, and metacognitive awareness, were not directly assessed [83, 84]. Future research could incorporate additional cognitive measures to provide a more complete picture of the mental processes involved in collaborative design.

5.6 Broader Implications for Human-AI Collaboration

Our findings contribute to the growing understanding of how AI systems can augment human cognitive capabilities in creative domains. The strong correlations between human cognitive states and AI model features suggest that AI systems can serve as external cognitive tools that complement and extend human design thinking. Rather than replacing human creativity, AI systems may be most effective when they provide cognitive scaffolding that supports and enhances human creative processes.

The temporal dynamics of cognitive-AI correlations throughout design sessions provide insights into when and how AI support might be most beneficial. The periods of high cognitive workload during collaborative phases may represent optimal opportunities for AI assistance, while the creative ideation phases may benefit from minimal AI intervention to preserve the spontaneity and flexibility of human creative thinking [85, 86].

The individual differences we observed in cognitive patterns and their relationships to design outcomes suggest that AI support systems should be adaptive and personalized. Different designers may benefit from different types of cognitive support, and AI systems should be designed to recognize and adapt to individual cognitive styles and preferences [86, 87]. This personalization could

extend to team-level adaptation, where AI systems learn to support the specific collaboration patterns and communication styles of different design teams.

6 Conclusion

This research presents the first comprehensive investigation of cognitive dynamics in collaborative design innovation using AI-driven modes and multi-modal cognitive monitoring. Our findings reveal a sophisticated interplay between individual creative processes and team coordination mechanisms that enables effective design collaboration. The systematic differences between design creation and evaluation phases, characterized by distinct patterns of attention, creativity, and cognitive workload, provide empirical support for theoretical models of dual-process design thinking.

The strong correlations between human cognitive states and AI mode representations of design quality establish a new methodological framework for studying design cognition. By demonstrating that machine-learned features can serve as objective proxies for cognitive processes, our approach enables more precise investigation of the relationships between mental states and design outcomes. The particularly robust correlation between gamma band neural activity and innovation features provides neurophysiological validation of creative insight processes in naturalistic design contexts.

Our analysis of team collaboration dynamics reveals that effective design teams achieve optimal performance through balanced role transitions, synchronized cognitive patterns, and strategic communication. The identification of high-performing team clusters with shared characteristics provides concrete targets for improving collaborative design processes. The finding that moderate levels of role flexibility optimize team performance offers practical guidance for team formation and management in professional design contexts.

The exceptional performance of our multi-modal AI evaluation framework (94.3% accuracy) demonstrates the potential for AI systems to serve as reliable partners in design assessment. The systematic analysis of model performance across different quality dimensions reveals both the capabilities and limitations of current AI approaches, with particular challenges remaining in innovation assessment that require contextual understanding and domain expertise.

The temporal dynamics of cognitive state transitions throughout design sessions provide insights into the flexibility and adaptability required for effective design work. The observation that successful teams maintain synchronized cognitive patterns during collaborative phases while preserving individual creative autonomy during ideation phases suggests optimal strategies for balancing individual and collective creative processes.

These findings have significant implications for design education, professional practice, and the development of AI-supported design tools. Design curricula should explicitly address the different cognitive skills required for creation and evaluation phases, while incorporating training in collaborative cognitive coordination. Professional design teams can benefit from understanding

the cognitive patterns associated with high performance and implementing strategies to optimize team synchronization and communication effectiveness. The potential for AI systems to provide real-time cognitive and design quality feedback opens new possibilities for adaptive design support tools. However, the implementation of such systems must carefully preserve human creative agency while providing meaningful cognitive scaffolding. Future AI design tools should be personalized to individual cognitive styles and adaptive to team collaboration patterns. Our research establishes a foundation for understanding the cognitive mechanisms of collaborative design innovation and demonstrates the potential for AI-driven approaches to advance both scientific understanding and practical applications in design. The integration of multi-modal cognitive monitoring with AI mode analysis provides a powerful methodology for investigating complex creative processes in naturalistic settings. As design challenges become increasingly complex and collaborative, understanding these cognitive dynamics becomes crucial for optimizing human creative potential and developing effective human-AI partnerships in design innovation.

The convergence of cognitive science, artificial intelligence, and design research demonstrated in this work points toward a future where scientific understanding of creative processes directly informs the development of tools and methods that enhance human design capabilities. By revealing the cognitive foundations of collaborative design innovation, our research contributes to the broader goal of understanding and augmenting human creativity in an increasingly complex and interconnected world.

DECLARATIONS

Ethics approval and consent to participate

Not applicable.

Conflict of interest

No potential conflict of interest was reported by the authors.

Dataset to be available

All data generated or analysed during this study are included in this published article.

Consent for publication

Not applicable.

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